

Update



President's Message

Finding Balance, Finding Strength

Dear SOHN Colleagues,

Nursing is such a great profession! It is rewarding in so many ways, one of which is giving and meeting the needs of others – our patients. We are the healers of the overwhelmed mind, the weary body, and the distressed soul. We get to hold a hand, listen, educate, problem solve, advocate, and counsel to name a few of our abilities. But one of the real challenges for nurses is taking care of ourselves so there is enough left over to give.

Beyond our professional role, most of us have other roles in our life: mother/father, wife/husband, daughter/son, sister/brother, aunt/uncle, granddaughter/son, neighbor, friend, community contributor (church elder, PTA, Scouts) chauffeur (and the list goes on). Multiple roles usually mean multiple demands which can provide to us a real challenge. We live in a frenetic world with many other things demanding our attention, such as tweets, cell phone calls, texts, snail mail, emails, Facebook, YouTube, and LinkedIn. Sometimes it can feel like we are over connected. How do we stay centered enough to meet the demands in our personal and professional lives? How can we keep a balance in our day to day lives?

Over committing and multitasking is doing more than necessary, more than is appropriate or healthy. In my own mind, I know this; however, it is not something I am very good at managing every day.

For women especially, over functioning can sometimes be the result of an unhealthy dose of perfectionism. We want to do things right and make it *just so*, perfect. We want to be the perfect daughter, perfect mother, perfect leader, and perfect friend. What we need to understand is that perfectionism is fear based. It is okay not to get everything on that to do list checked off, and it is okay to fail. Yes, it is okay to fail (albeit painful and hopefully an opportunity to learn). As health professionals, we need to help each other find relief from becoming overwhelmed. We just can't do it all. Sometimes we need to embrace tranquility.

If you work in a complex, politically sensitive environment (that would be most of us), you must be able to tap into your reserve or centering place to know what is too much to take on and to be able to say no. Unless you are tasked to a team that responds to national

disasters, you are not expected to be on call and available 24/7/365. It is okay to set professional boundaries. Accept the reality that there will always be more on our plates than we can ever hope or imagine to get done. We must trust our instincts and prioritize.

Besides finding stillness, saying no, setting boundaries and priorities, how do we return to that sometimes non-collaborative, toxic work environment that demands complex nuanced decisions every day? What is the secret to bouncing back from the stress that is inevitable and a normal part of the day? Resiliency! (You will hear more about this topic at Congress in Dallas). Resiliency helps us weather stressful times. If we invest in the things that enrich our bounce back ability or resiliency (and they are different for different people), we can add years to our life according to recent scientific literature (Dennis Charney MD and Steven M. Southwick, MD, *Resilience: The Science of Mastering Life's Greatest Challenges*, Cambridge University Press, 2012). Strengthening yourself by pursuing activities and experiences that give you joy and make you feel more like yourself is what gives meaning to your life and can be literally the gift of life.

What are you doing to take care of yourself? How do you create balance, renew, and fill up your resiliency bank? For me, when I am outdoors hiking, or biking with my husband, feeling the wind on my face and my heart beating strongly, I know that life is good in that moment and I would not want to be anyplace else. It is then that I am ready to embrace what may come my way with each day.

Maggie Chesnutt

Maggie Chesnutt, MSN, FNP-BC, CORLN
President of SOHN

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Congress 2015 Highlights

Invited Guest Speakers



Opening Ceremony

Saturday, September 26 • 9:00 a.m.

Keynote Address

Nursing: The Future is Ours



Donna Cardillo, RN, CSP (Certified Speaking Professional) is The Inspiration Nurse. She travels the world helping women and healthcare professionals to be happy in their lives and careers and to reach their full potential. She does that as a keynote speaker, columnist, author, and cut-up. Her accomplished career combines over 25 years of clinical, managerial and business experience,

not to mention her stint as a professional singer. Donna's clinical experience includes emergency and psychiatric nursing. Donna holds a diploma in nursing, a BS in Health Care Management and an MA in Corporate and Public Communication. Known as "Dear Donna", she gives daily online career advice at Nurse.com. Donna is also an Expert Blogger at DoctorOz.com. She was formerly the "Healthcare Careers Expert" at www.Monster.com.

Donna has twice been named Business Woman of the Year in New Jersey and has also received the coveted Athena Award, a national leadership award for women. Donna was designated a Diva in Nursing by the Institute for Nursing in NJ for outstanding achievements and excellence in practice. She has also been named one of 50 Best Women in Business by NJBIZ. Donna appears regularly on television and radio, is frequently quoted in newspapers and magazines and has published numerous articles. Donna has appeared on The Dr. Oz Show and the Today Show and has been featured in the Los Angeles Times on several occasions.

Donna is author of the books, *Your First Year as a Nurse – Making the Transition from Total Novice to Successful Professional*, *The ULTIMATE Career Guide for Nurses – Practical Advice for Thriving at Every Stage of Your Career*, and *A Day Book for Beginning Nurses*.

Health Policy and Advocacy Lecture

Monday, September 28 • 1:15 p.m.

Representative Donna Howard



Representative Howard is a seasoned professional with years of hands-on experience in the areas of public health and public education, State Representative Donna Howard's policy expertise and leadership skills have earned her a place at the center of the growing effort to champion mainstream values in the Texas legislature. Howard serves on the House Appropriations Committee and the House Higher Education Committee; additionally, she serves as vice chair of the House Administration Committee. She serves on the Appropriations Subcommittee on Article III (Agencies of Education) and the Subcommittee on Budget Transparency and Reform. The Representative previously served as vice chair of the House Culture, Recreation, and Tourism Committee and as a member of the House Technology Committee.

For her work at the State Capitol on health care, education, environmental protection, and historic preservation, Howard has been honored by community and state organizations, from the Austin Business Journal and the Texas Hospital Association to the Texas Parent-Teacher Association, the Sierra Club and the Heritage Society of Austin. She also has been recognized as a Distinguished Alumna of both The University of Texas School of Nursing and The University of Texas Department of Kinesiology and Health Education.

Howard is a native of Austin who graduated from Reagan High School, then went on to earn a bachelor's degree in nursing and a master's in health education, both from the University of Texas.

She worked as a critical care nurse at Brackenridge and Seton hospitals, was the first hospital-based Patient Education Coordinator in Austin, and helped start the Seton Good Health School. She has also served as president of the Texas Nurses' Association (District 5) and as a Health Education instructor at UT.

Representative Stephanie Klick



Representative Klick was elected in November of 2012, Stephanie Klick represents House District 91 which serves the cities of Haltom City, Richland Hills, North Richland Hills, Watauga and a portion of Fort Worth.

Rep. Klick is a native Texan with strong ties across to the district. She also attended school in the Birdville ISD and later at St. John the Apostle Catholic School, both located in HD 91. As a youth, Stephanie was a candy stripper at North Hills Medical Center in North Richland Hills, formerly known as Glenview Hospital, where she developed a passion for nursing.

After working her way through college and graduating from Texas Christian University, with a Bachelor of Science in Nursing, she would return to North Hills Medical Center. She would rise to the position of nursing supervisor at North Hills before leaving to become

a nursing consultant. While serving as a consultant, she coordinated the care of the catastrophically injured and served as a compliance consultant for long-term care facilities for the developmentally disabled. In total, Rep. Klick has over 30 years of nursing experience.

Featured Session

Tuesday, September 29 • 10:30 a.m.

Updates in HPV-Related Head and Neck Cancer

Carole Fakhry MD MPH

Assistant Professor of Otolaryngology - Head and Neck Surgery, Assistant Professor of Oncology, Johns Hopkins School of Medicine

Dr. Fakhry will discuss the risk factors associated with oral HPV infection and association with HPV-related head and neck cancer, the clinical characteristics and transmission concerns for patients and their families

Closing Session

Tuesday, September 29 • 1:45 p.m.

Developing Nurse Leaders: Building Personal Resilience

Margaret Hickey MS MSN RN



Resilience can be described as the ability to maintain equilibrium and sense of control which allows one to move forward in a positive way in the face of stress, trauma and adversity. Resilient people are flexible, empathetic and adapt quickly to new circumstances; they thrive well in an environment of constant change. While some people seem to be naturally resilient, it is possible to develop

or cultivate these traits. Developing resilient traits will enrich our everyday lives and strengthen our ability to lead others. Resilience is an essential quality for nursing leaders at all levels to survive and thrive in the increasingly complex and ever changing health care environment. Developing resilience in self and team can lead to less turnover and reduced burnout. Test your resiliency and learn practical strategies for developing and enhancing personal resiliency.

ORL Nursing Pharmacology Course

Friday, September 25 • 8:00 a.m. – 4:45 p.m.

(ticketed course – additional fee)

Topics include:

- BIOLOGICS: Breaking Down the Basics
- Pharmacological Management of Eosinophilic Esophagitis
- Medication Side Effects in ENT
- Pharmacological Therapy in Smoking Cessation
- Managing Polypharmacy in the Elderly
- Pitfalls of Drugs with CYP450 Metabolism in ENT
- Pharmacological Management of Ear Disorders

Comprehensive ORL and Head-Neck Nursing Course

Friday, September 25 • 8:00 a.m. – 3:30 p.m.

Course continues on Saturday, September 26 • 1:00 – 5:30 p.m. (ticketed course – additional fee)

The overall purpose of this course is to provide the ORL nurse with an overview of common ear, nose and throat problems/disorders and their management. The material has been divided into sections to include: Otolaryngology; Disorders of the Nose, Sinuses and Oral Cavity; Pediatric Otolaryngology Issues; Benign Head and Neck Disorders; Treatment Modalities; and Head and Neck Cancer. Each of the anatomical sections will review the normal anatomy, common disorders, etiology, symptoms, diagnostic evaluation and management. The course is ideal for the nurse who is new in the otolaryngology specialty or for the seasoned ORL nurse seeking a good review.

Getting to Know You in Dallas

(An Insider's Secrets to Congress 2015)

Saturday, September 26 • 11:15 – 12:00 noon

Calling All First Time Attendees! Each year a number of attendees come to SOHN's Congress for the first time. Come and check out the latest Annual Meeting buzz. If you are a first-timer, choose to attend the First-Time Attendee Orientation. First-Timers will be greeted by SOHN's National Congress Planning Committee and many volunteers who have "been there and done that". In addition to meeting other first-time attendees, you will hear insider's secrets to help you get the most out of Congress 2015.

Opening Ceremony

Saturday, September 26 • 9:00 a.m.

Plan to attend the Opening Ceremony and show your support to friends and colleagues and celebrate the accomplishments of the Society, the activities of our countless volunteers and the achievements of our members. SOHN President, Maggie Chesnutt, will preside over this exciting event!

Special Interest Group Meetings

Saturday, September 26 • 3:30 – 5:30 p.m.

ORL Nursing covers a wide range of subspecialties, each of which present a special set of skills and unique knowledge base. SOHN special interest groups (SIGs) will link you with other members practicing in your designated subspecialty. All SIGS will be meeting at Congress. Join a SIG and share your ideas and gain new information.

Posters

Posters will be displayed and available for viewing during Congress. Posters will reflect various administration, education, clinical practice, and research topics of interest to ORL nurses. This is a wonderful opportunity to share your knowledge with other ORL nurses.

SOHN's President's Western Reception

Saturday evening, September 26

(ticketed event – \$50)

Become a Big Tex Insider and join SOHN President, Maggie Chesnutt at her Western Reception at the State Fair of Texas bringing you Texas-sized fun and a celebration of all things Texan, the State Fair encourages visitors to explore the great Lone Star State and all it has to offer. A combination of entertainment, art, agriculture, history and cuisine, the State Fair provides fairgoers with a unique way to experience every aspect of Texan culture! Fee includes a Texas-sized buffet, round trip transportation to the Fair and Fair admission ticket!

Noteworthy Courses and Events

Stepping Forward for the Foundation

Sunday, September 27 • 7:00 - 8:00 a.m.

(ticketed event – \$35)

Rise and shine and walk for the ENT-NF (SOHN's Foundation)! Join our walk leader, Anne Bigelow, on another one of her exciting and adventuresome journeys around the Reunion District, highlighted by Reunion Tower.

In addition: Invite colleagues, family and friends to sponsor your walk. Chapter members join the Chapter Challenge and walk for the Foundation. All donations will benefit ENT-NF Scholarships, Lectureships, ORL Education and Research. Each participant will receive a limited edition 2015 Foundation T-shirt.

Grand Opening of SOHN Exhibit Hall

Sunday, September 27 • 10:00 a.m.

Don't miss the ribbon-cutting event that marks the official opening of the Exhibit Hall. Refreshments will be served as you view displays reflecting the state of the art in technology, products and services. With cutting-edge products and services showcased throughout the exhibit hall, this is truly a highlight of the annual meeting. You're guaranteed a solid return on investment for the time you spend with company representatives and you'll walk away with new ideas to improve your practice. Attendees who complete their Exhibit Viewing Card will have a chance to win a free 2016 Congress Registration!

Hours: Sunday 10:00 am – 4:30 pm
Monday 8:00 am – 3:45 pm

CORLN Luncheon

Sunday, September 27 • 11:30 a.m. – 12:45 p.m.

(ticketed event – \$40)

Sponsored by the National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN)

We are proud of our CORLNs! It's time to gather again and meet informally with CORLNs from around the country while enjoying a special buffet luncheon designed expressly for our certified nurses. Please bring two test questions to add to our test item bank.

APN Scoping Course 2015

Sunday, September 27 • 12:45 – 5:00 p.m.

(ticketed course – additional fee)

Funded in part by a grant from Olympus
This course provides didactic information and hands on experience with the use of rigid and flexible scopes. The first two hours will focus on the didactic information including: anatomy of the nose, sinuses, nasopharynx, hypopharynx and larynx; indications for flexible and rigid endoscopic exam, techniques, potential risks, abnormal findings and coding / billing procedures. Pediatric scoping evaluation and common abnormalities will be discussed. The last two hours will provide practicum time integrating rigid and flexible exams using head models. Experienced Faculty will demonstrate skills and participants will have time to practice these skills on the models.

Meet and Greet Texas Wine and Cheese Reception

Sunday, September 27 • 6:00 – 7:30 pm

Join friends old and new and relax after a busy day at Congress 2015. Stroll leisurely through the poster presentations and learn new techniques or practices. Meet the Candidates and hear their positions. Greet the Board of Directors and let them inspire you to be involved. Mingle with the local chapter members and view their displays. Participate in the ENT-NF Benefit. Cash bar. A perfect way to end your day!

ENT-NF Annual Benefit

**Sunday evening, September 27 –
Monday afternoon, September 28**

Awarding of prizes: Monday at 3:30 p.m.

The very entertaining ENT-NF Annual Benefit, the Outrageous Raffle, offers unique gifts and prizes that have been generously donated. By participating in the event you can win great items while promoting the work of the Foundation. Benefits: Priceless.

Society of Otorhinolaryngology and Head-Neck Nurses Notice of Business Meeting

Monday, September 28 • 10:45 a.m. – 12:15 p.m.

Join the SOHN Officers and Board Members for the Annual Business Meeting. Elect new officers and learn what is happening in your association. All registrants are welcome to attend.

ATTENTION SOHN MEMBERS!

YOUR EMAIL ADDRESS IS NEEDED.

SOHN communicates via email throughout the year. In order to receive all the benefits of membership, please send your email address along with your name to sohn1@earthlink.net as soon as possible.

What's Trending in Dallas...

As the brightest and best in the ORL nursing arena prepare to descend upon Dallas for the 39th Annual SOHN Congress and Nursing Symposium, here are a few Dallas Trends to try during your stay...

Outdoor Dining

Since the weather in Dallas is enviable, hanging outdoors is only natural. Many neighborhoods have opened even more casual patio dining spots perfect for a breezy sunny day or delightful evening.

Dallas by Chocolate Tours

The ultimate way to indulge in Dallas! A private bus takes you to local chocolatiers, bakeries and specialty shops to sample everything from traditional treats to surprising chocolate pairings. These three-hour tours come in a variety of themes, and all will satisfy your sweet tooth.

Trinity Groves Restaurant Incubator

This area at the base of the Margaret Hunt Hill Bridge is a new restaurant, retail, artist and entertainment destination that fosters the growth of start-up concepts. Try Kitchen LTO, a permanent pop-up restaurant that reinvents itself three times per year, and gives a rotating home to up-and-coming chefs and design talent.

GEO-Deck at Reunion Tower

One of Dallas' iconic landmarks officially reopened October 5, 2013, after six years of renovations. The result was well worth the wait. The new GeO-Deck at Reunion Tower gives locals and visitors an extraordinary perspective of Dallas at its finest via state-of-the-art, interactive technology. Perched 470 feet above ground, the observation deck gives a 360-degree view complete with zoom capabilities from high-powered telescopes. Dining experiences include Cloud Nine Café and Five Sixty by Wolfgang Puck.

REGISTER NOW!!! BIG Times await you in Dallas...

ENT-NF Lectureships

The Ear, Nose and Throat Nursing Foundation is pleased to present and underwrite the following sessions this year:

Lois Moore-Rogers Pediatric Otolaryngology Lectureship

**Sunday, September 27, 2015 •
9:00 - 10:00 a.m.**

Decreasing Emergency Room Visits and Hospital Admission in the Pediatric Trach Population through Improved Parent Education and Patient Follow Up
Kristi McGowin MSN RN CPNP

Kalynn Quinn Hensley Head-Neck/Laryngology Lectureship

**Sunday, September 27, 2015 •
10:30 - 11:30 a.m.**

Subglottic Hemangioma
Wendy Mackey APRN-BC CORLN

Cynthia Mabry Otolaryngic Allergy Lectureship

**Sunday, September 27, 2015 •
12:45 - 1:45 p.m.**

Sublingual Tablets: The Future of Immunotherapy?
Judith Lynch APRN-BC FAANP

Employment Opportunity

Full Time Nurse Practitioner Position

Excellent salary/benefit package

Aroesty Ear, Nose & Throat Associates

Please contact

Patricia DeSande, Office Manager

pdesande@advocaredoctors.com

Society of Otorhinolaryngology & Head-Neck Nurses 39th Annual Congress

Register Early

- Save money
- Save time

Registration Includes

- More than 65 educational offerings
- Admittance to all SOHN educational programs (*Comprehensive ORL Nursing and Head-Neck Course, Pharmacology Course and APN Scoping Course 2015 require an additional fee*)
- Access to Online Handouts
- Proceedings Book
- SOHN Exhibit Hall
- Lunch with the Exhibitors (Monday)
- Coffee Breaks (Sunday, Monday, Tuesday)
- Poster Presentations
- Contact Hours
- Meet and Greet Reception

Join us for

- SOHN's President's Western Reception
- ENT-NF Annual Benefit
- Annual Business Meeting
- Stepping Forward for the Foundation Walk

See the May Update for registration forms or register online at www.sohnnurse.com

Society of Otorhinolaryngology and Head-Neck Nurses 2015 Annual Reports

President

Maggie A. Chesnutt MSN FNP-BC CORLN

Major Activities:

- Chaired the Annual Board of Directors Meeting of SOHN and the Ear, Nose and Throat Nursing Foundation (ENT-NF) Annual Meeting in Orlando, Florida, September 18th and 23rd respectively, 2014
- Delivered the Opening Ceremony Presidential Address and presided over “ORL Nursing: Innovation, Imagination, and Inspiration” SOHN’s 38th Annual Congress and Nursing Symposium in Orlando, Florida, September 19–23, 2014
- Participated in the Congress Planning Committee Meeting for the 39th Annual Congress
- Attended the Nursing Alliance Fall Summit in Tampa, Florida, November 20-22, 2014
- Authored the President’s Message for 2014 and 2015 issues of *Update*
- Prepared the ENT-NF Holiday letter
- Prepared the Membership Renewal letter
- Communicated regularly with Executive Director and Headquarters about the ongoing work of SOHN and ENT-NF
- Authored two Guest Editor articles, “Innovation, Imagination and Inspiration: ORL Nursing” and “ENT-NF” for *ORL – Head and Neck Nursing*, Winter 2014 issue and Spring 2015 Issue respectively
- Participated in conference calls regarding SOHN and ENT-NF business
- Communicated with committee chairs throughout the year
- Chaired the Scholarship and Awards Committee
- SOHN Education Committee member – ongoing
- Moderated sessions at 2014 Congress
- Completed letter on behalf of SOHN to CVS Health in strong support and appreciation of tobacco products ban from all CVS stores
- Wrote letter of recommendation on behalf of an SOHN member applying for an outside research grant
- Developed and discussed goals with Tobacco Cessation Task Force Chair and members
- Prepared the annual fundraising letters for ENT-NF
- Attended the Business and Journal Club Meetings of the Atlanta Regional Chapter (ARC) of SOHN
- Communicated with SOHN members and Dr. Charles Moore on the Oral Cancer Prevention Initiative tasks and planning timetables
- Participated in “Walk with a Doc” and HEAL community program members and ARC member
- Organized and participated with the ARC in a Health Screening fair in collaboration with the Urban Health Initiative and HEALing Community Clinic, March 28, 2015
- Participated in review and revision of the National Certifying Board of Nursing (NCBOHN) test questions for inclusion/exclusion in CORLN exam

- Recruited and collaborated with two outside consultants who conducted a needs assessment survey (gratis) for SOHN. Outcome data employed with leadership at the Midwinter Board Meeting in developing organizational goals and updating the strategic plan
- Authored Presidential Welcome letter for the New Member packet
- Presented case study, “Is It Bell’s Palsy?,” at the Spring Seminar Series and 29th Annual Pediatric ORL Nurses Spring Meeting, April 23-24, 2015 in Boston, Massachusetts
- Nurse Planner for the North Carolina Chapter of SOHN Spring Conference, “Treatment Modalities and Nursing Implications of ORL-HN Patients,” May 16, 2015, in Raleigh North Carolina
- Presented “Why Join a Professional Nursing Organization?” at the North Carolina Chapter of SOHN Spring Conference, May 16, 2015
- Secured alliance between the DAISY Foundation and SOHN
- Reviewed ANCC accreditation materials and participated in Virtual Visit, teleconference call December 1, 2015
- Will preside over SOHN and ENT-NF Board of Directors meetings in September in Dallas, Texas

Vice President

Mary Ellen Diotalevi RN CORLN

Major Activities:

- Attended SOHN 38th Annual Congress and Nursing Symposium, September 24-29, 2014 in Orlando, Florida
- Attended SOHN Board of Directors’ Meeting, September 24, 2014 in Orlando, Florida
- Elected to position of Vice President, September 28, 2015
- Attended Midwinter Board of Directors Meeting, January 23-24, 2015 in Arlington, Virginia
- Coordinator/Planner for the SOHN Local Connecticut Chapter Educational Session, Performing Extra/Intraoral Examinations, June 26, 2014 in New Haven, Connecticut
- Attended SOHN Connecticut Chapter educational session, Balloon Sinuplasty/Office Procedure, March 5, 2015 in Trumbull, Connecticut
- Completed SOHN Local Chapter Report as President of Connecticut Chapter, March 12, 2015
- Office-Based Special Interest Group Facilitator. Mentoring new Co-Leader for 2015
- VIP Member, ongoing
- Chairperson for Smoking Cession Task Force
- Communicated with Smoking Cessation Program author and received approval to revise and update program
- Coordinated meeting with Smoking Cessation Task Force members
- Will attend Annual Board Meeting, September 24, 2015 in Dallas, Texas

President-Elect

Deena B Hollingsworth MSN FNP-BC CORLN

Major Activities:

- Attended SOHN Midwinter Board Meeting in Arlington, Virginia - January 2015
- Coordinator for Comprehensive ORL and Head-Neck Nursing Course
 - Coordinating course update and booklet revision
 - Presented sections at Annual Congress 2014 and 2015
 - Developing course modules for online offering of Comprehensive ORL and Head-Neck Nursing Course
 - Expanded faculty for Comprehensive ORL and Head-Neck Nursing Course
- Attended the SOHN Annual Board Meeting in Orlando, Florida - September 2014
- Attended SOHN 38th Anniversary Congress and Nursing Symposium, Orlando, Florida - September 2014
- Podium presentations at Annual Congress 2014 and 2015
- Podium presentation Spring Seminar Series in Boston, Massachusetts – April 2015
- Panel member for review and revision of Tobacco Cessation Program
- Co author AAO-HNS Clinical Practice Guideline for Tinnitus 2014
- Panel participant revision AAO-HNS Clinical Guideline for BPPV 2015
- Panel member CORLN certification test item review 2015
- Attended Nurse in Washington Internship – Spring 2015

Secretary

Carolyn Waddington RN MS FNP CORLN

Major Activities:

- Attended Midwinter Board Meeting January 2015
- Submitted Midwinter Board Meeting minutes 2015
- Submitted ENT-NF minutes 2015
- Member of Editorial Board
- Submitted two Products of Interest articles in 2015
- Attended Greater Houston Area Chapter meetings
- Working with Education Chairperson for congress speaker
- Multiple contacts working with Nomination Committee Chairperson
- Will attend Board of Directors Meeting September 2015
- Will attend SOHN Congress and Nursing Symposium in Dallas, Texas, September 2015

Treasurer/Bylaws/Chapter Coordinator

Ramute O. Kemeza BSN RN

Major Activities:

- Attended SOHN 38th Annual Congress and Nursing Symposium in Orlando, Florida, September 19-23, 2014
- Attended SOHN Annual Board of Directors Meeting, September 18, 2014
- Served as VIP Coordinator/Moderator at SOHN 38th Annual Congress and Nursing Symposium

- Attended First Timers Session at Congress, September 28, 2014
- Attended SOHN Membership Enhancement Committee Meeting at SOHN Congress
- Attended SOHN Annual Business Meeting, September 30, 2014 in Orlando, Florida
- Presented SOHN Financial Report at Annual SOHN Business Meeting
- Attended ENT-NF Board Meeting in Orlando, Florida
- Attended SOHN Midwinter Board of Directors Meeting, January, 2015 in Arlington, Virginia
- Served as SOHN Treasurer
- Presented SOHN Balanced Budget 2015 to Officers and Board of Directors
- Served as ENT-NF Treasurer
- SOHN Bylaws reviewed and updated
- Will attend SOHN 39th Annual Congress and Nursing Symposium in Dallas, Texas, September 25–29, 2015
- Will attend SOHN Annual Board of Directors Meeting, September 24, 2015 in Dallas, Texas
- Will serve as VIP Coordinator/Moderator at SOHN 39th Annual Congress and Nursing Symposium in Dallas, Texas
- Will attend SOHN Annual Business Meeting, September 26, 2015 in Dallas, Texas
- Will attend Membership Enhancement Committee Meeting at 39th Annual SOHN Congress and Nursing Symposium
- Chapter President - SOHN Chicago Chapter
- Chairperson SOHN Chicago Chapter fundraiser Community Day Event raising \$1,900 for chapter
- Co-chairperson SOHN Chicago Chapter educational conference ENT UPDATE 2015, November 14, 2015 at Loyola University Health System
- Candidate- Second term SOHN Treasurer

Board of Director

Cheryl Brandt MSN RN ACNS-BC CORLN

Major Activities:

- Liaison to National Education Committee Chairperson, Lorie Sparacino
- President Cleveland Chapter
- Nurse Planner for Cleveland Chapter meetings (two education programs planned; one meeting)
- Prepared and gave podium presentation for 2014 Congress
- Prepared and gave podium presentation for 2015 Spring Seminar Series
- VIP for 2014 Congress
- Participated in two Leadership Ad hoc Committee conference calls
- Prepared podium presentation for 2015 Congress
- Member of the Selection Committee for the National Education Director
- Co-author for 2nd edition book chapter for ONS
- Attended 2014 SOHN Congress in Orlando, Florida, September 19–23, 2014
- Attended SOHN National Board Meeting in Orlando, Florida, September 22, 2014
- Attended Midwinter Board Meeting, January 2015
- March 11, 2015, Cleveland SOHN Chapter Meeting

- Attended SOHN Spring Seminar in Boston, Massachusetts, April 23–24, 2015
- Will be attending SOHN Board of Directors Meeting scheduled for September 24, 2015
- Will be attending the SOHN Business Meeting scheduled for Monday, September 28, 2015

Board of Director

Anne DeLeo CRNP CORLN

Major Activities:

- Attended SOHN 38th Annual Congress and Nursing Symposium, September 19–23, 2014, Orlando, Florida
- Attended SOHN Annual Board of Directors Meeting, September 18, 2014
- Presented lecture on GERD for SOHN Pharmacology Day, September 19, 2014, Orlando, Florida
- Attended First Timers Meeting
- Attended Pediatric Special Interest Group
- Attended Advanced Practice Special Interest Group
- VIP member
- Attended Midwinter Board Meeting, January 23–24, 2015, Arlington, Virginia
- Board Liaison for Ad Hoc Leadership Committee
- Will attend SOHN 39th Annual Congress and Nursing Symposium September 25–29, 2015, Dallas, Texas
- Will attend SOHN Annual Board of Directors Meeting, September 2015 in Dallas, Texas
- Candidate for Position of Treasurer in September 2015 in Dallas, Texas
- Will attend First Timers Meeting in September, 2015 in Dallas, Texas
- Will attend Pediatric Special Interest Group in September 2015 in Dallas, Texas
- Will attend Advanced Practice Special Interest Group in September, 2015 in Dallas, Texas
- Continue to support our local SEPA chapter members and attend meetings
- Continue to recruit new SOHN members through our local SEPA meetings

Board of Director

Deborah Farragher MSN RN CORLN

Major Activities:

- Attended SOHN 38th Annual Congress and Nursing Symposium, September 19–23, 2014, Orlando, Florida
- Campaigned for Board of Director position and was elected, September 2014
- Received SOHN Honor Award at SOHN 38th Annual Congress and Symposium, September 2014
- Facilitated Otolaryngology Special Interest Group at SOHN Annual Congress, September 2014
- Utilized Cleveland Clinic Art Department to print the SOHN Candidates Poster for display at SOHN meeting, September 2014. CCF did so free of charge

- VIP at SOHN 39th Annual Congress and Symposium, September 2014
- Attended Midwinter SOHN Board Meeting, January 23–24, 2015 in Arlington, Virginia
- Accepted the position of Special Interest Group Coordinator for SOHN
- Attended SOHN Spring Seminar Series in Boston, April 2015
- Presented an Otolaryngology Case Study at the SOHN Spring Seminar Series, April 2015
- Maintained communication with my mentor, Anne DeLeo
- Assisted with coordination and delivery of Nominating Committee Elections Poster for Congress 2015
- Will attend SOHN Congress and Nursing Symposium September 25–29, 2015, Dallas, Texas
- Will meet President Maggie Chesnutt for debriefing after Board of Directors' Meeting- (unable to attend due to Cleveland Clinic Award Ceremony).
- Will volunteer to be an active VIP at SOHN 39th Annual Congress and Symposium
- Will facilitate the Special Interest Group leaders meeting at the Dallas, Texas meeting September 2015
- Will facilitate the Otolaryngology Special Interest Group Meeting at the SOHN 39th Annual Congress and Nursing Symposium
- Will continue to work with SOHN leadership
- Will communicate with Special Interest Group Leaders prior to September 2015 SOHN meeting
- Will communicate with potential new members prior to 39th SOHN Annual Congress and Symposium
- Will continue to be active with local SOHN Cleveland Chapter, continue my Secretary duties, and work with local SOHN Board Members
- Waiting for final word if I can serve on the AAO/SOHN Advisory Panel on updating Dizziness Guidelines. (Conflict of schedule for in person November meeting with panel members.) Honored to be asked, hoping that I can participate in some manner.
- Discuss and explore new ideas and projects with fellow SOHN Board of Directors and SOHN Leadership and SOHN Members and communicate accordingly.

Board of Director / Membership Committee

Chester Hilton BSN RN CNOR CORLN

Major Activities:

- Attended SOHN Midwinter Board Meeting - Arlington, VA - January 2015
- Chaired the Membership Committee
- Communicated with Membership Committee members
- Submitted an Update article recruiting new Membership Committee members
- Requested new member lists to be sent to special interest group leaders and chapter presidents
- Contacted non-renewing members to renew their membership
- SOHN Congress September 2015, Dallas, Texas
 - Will attend SOHN Board of Directors Meeting
 - Will lead Perioperative Special Interest Group

Board of Director

Wendy Mackey MSN APRN-BC CORLN

Major Activities:

- Attended SOHN 38th Annual Congress and Nursing Symposium, September 2014 in Orlando, Florida
 - Presentation: Pediatric Otolaryngology, Comprehensive ORL and Head-Neck Nursing Course
 - Presentation: APN Scoping Course, Pediatric Curriculum
 - Professional Practice and Research Committee Meeting participant
 - National Education Committee Meeting participant
 - Pediatric Special Interest Group participant
 - Advanced Practice Interest Group participant
 - SOHN Annual Business Meeting participant
- Midwinter Board Meeting, January 2015 in Arlington, Virginia
- SOHN Spring Seminar Series, Pediatric Day. April 2015 in Boston, Massachusetts
- Presentation: SOHN Spring Seminar Series, Adult Day - Anosmia- A Case Study
- Connecticut SOHN Chapter
 - Attended all Chapter meetings 2015
 - Nurse Planner: SOHN Chapter- Meeting and CE event, March 12, 2015, Trumbull, Connecticut
- Utah Chapter- Nurse Planner- initial planning for 3rd annual Salt Lake City Otolaryngology Nurses Meeting to take place in spring 2016
- Leadership Committee Task Force member
 - Participated in email communication, planning and conference calls
- Chairperson: Poster Presentation Taskforce
 - Completed an evaluation of 2014 Congress Posters with feedback from Presenters, Reviewers and Coordinator
 - Revisions made to poster application and guideline based on evaluation feedback
- Comprehensive ORL and Head-Neck Nursing Course
 - Mentored for the position of coordinator and will be assuming the role
 - Review of the program booklet and presentation series
 - Brainstorming sessions with course committee
- SOHN ORL-Head and Neck Nursing
 - Author- Neonatal Ear Deformities, Spring 2015
 - Co-author- Silent Sinus Syndrome- A Case Study, Summer 2015
 - Guest Editor- Pediatric Special Edition, Summer 2015
- Recredentialed CORLN, May 2015
- SOHN Congress September 2015, Dallas, Texas
 - Will attend SOHN Board of Directors Meeting
 - Will attend Congress, as well as SIGs and various committees
 - Present ORL Course – Pediatric section
 - Present APN Scoping Course- Pediatric Content
 - Recipient- Kalynn Quinn Hensley Head and Neck/ Laryngology Lectureship
- Will present- Subglottic Hemangioma

Board of Director

Sandra L. Schwartz, MS, RN, CORLN

Major Activities:

Financial Affairs

SOHN once again finished the previous year (2014) in the green. Income was lower than anticipated but expenses were held at a constant rate. The income and expense ratio has been held solidly in 2015. In light of the current economic climate, all unnecessary expenses have been eliminated and many cost-saving measures have been instituted. The Society's accounts are reconciled on a monthly basis and each expense and revenue item is justified. SOHN budgets were prepared in collaboration with Ramute Kemeza, Treasurer. The number of received 2015 Congress registrations is up from the same time last year. I have worked closely with the Society's accountant in preparation of IRS filings for SOHN and ENT-NF. Financial audits were also completed. Financial reports for the annual board meetings of both organizations will be prepared. The Society continues to strive for financial integrity while simultaneously accommodating the needs of the SOHN membership.

Fund Raising

Whereas most fund raising activities fall under the Foundation, there is an overlap of activities. Our exhibit area continues to stay constant in an otherwise stagnant environment and is a revenue generating source. The Exhibitor and Corporate Support Prospectus was revised. Exhibitor information and applications were sent to over 200 different companies. Email follow-ups were utilized. Grant proposals were written for the annual meeting and we are awaiting confirmation.

Publications/Website

Served as managing editor of the Journal. Oriented guest editors to the publication process. Assisted Associate Editors as needed in proofreading and editing duties. Served as a conduit for production of the journal, sending and receiving journal copy. Received all proofs of journal issues from the publisher and within 24 hours were sent to each author for review. This process occurs with each issue of the Journal and Update. Served as editor and writer of the Update. Four editions published to date in 2015 with one additional edition to be published. Headquarters is currently writing, designing and preparing the convention proceedings book for publication. Author of the monthly SOHN E-NEWS column.

Headquarters facilitated website updates as directed by Kari McConnell, Director of Communications. Membership information was prepared and sent to the Webmaster to update the Membership Directory. New information on officers, board members, chapter presidents, Sig leaders, etc. was also sent. The SOHN Congress continues to Go Green! Speaker handouts will be available online in August and handouts received too late for "publication" will appear online after congress.

Membership/Marketing/Public Relations

Membership applications were sent to over 4,500 nurses in our extended data base. Registered nurses and ORL units in the South and Midwest were targeted with membership and convention information. All membership applications were processed. Renewals, reminders, membership cards with SOHN Opportunities flyers and new member packets were also posted.

Letters and emails from the SOHN President, Maggie Chesnutt, were distributed to the membership as received. An ORL Nurse Day greeting email was sent to all members.

Other public relations endeavors have centered on membership recruitment. We continue to be listed in the Nursing 2015 specialty nursing and certification sections and in the AJN specialty nursing, accreditation and certification sections. Requests were sent to all specialty nursing organizations, Nursing Spectrum, Advance in Nursing, SPOHNC, AAO-HNSF, AOA, AAOA, and many other publications to list our national convention in Dallas, TX.

Our partnership list continues to grow. We continue to partner with O'HANCAW, The Nursing Organizations' Alliance (NOA), Nurses for a Healthier Tomorrow (Sigma Theta Tau), Get Smart Campaign (CDC), ANCC, ANA, SPOHNC, AAO-HNSF, The Hartford Foundation, Tobacco Free Kids, Tobacco Free Nurses, Nurse in Washington Internship (NIWI), AOA, AAOA, and SENTAC. SOHN members have served on a multitude of Clinical Practice Guideline Panels (AAO-HNSF), as well as lending their expertise as peer reviewers.

Committee/Chapter Support

Headquarters supported the committees as requested by sending out letters, emails or faxes. We continue to work with forming chapters by providing guidance and formation materials. Struggling chapters are also supported in any way possible. Chapter reimbursements and chapter membership lists were sent to chapter presidents every six months. The ANCC Annual Report was completed by Lorie Sparacino (Education Director) and reviewed by the Executive Director. All chapter programs must be in compliance with SOHN/ANCC requirements to maintain our accreditation. Teaching plans from each and every presentation must be on file for ANCC to review during their virtual site visit. SOHN has received word from ANCC that the SOHN Provider Unit has been reaccruited as a provider of continuing education for four more years. Congratulations to Lorie Sparacino and her nurse planners!

Meetings

Facilitated arrangements for all meetings including the SOHN Annual Congress, ENT-NF Annual Board Meeting, SOHN Spring Seminar Series, NIWI, SOHN Annual Board Meeting, The Nursing Organizations' Alliance Forum, SOHN Mid Winter Board Meeting, NCBOHN Meetings and SOHN Annual Congress Planning Meeting. The arrangements include housing, transportation, catering and program set-up. Budgets were set for each event and corporate support was enlisted. All registrations for meetings were processed, entered into the data base and receipts sent. The executive director additionally recruited the Keynote Speaker for Congress.

Worked closely with Lorie Sparacino and the Annual Congress Education Committee in planning and development of the annual congress education sessions. Secured arrangements for congress special events.

Corresponded with the AAO-HNSF in recruiting SOHN members for the Clinical Guideline Panels.

Communications/Board Support

Board "Briefings" were sent to the SOHN Leadership on a regular basis to "brief" everyone on our activities and progress. We served as a resource for all leaders and members. Frequently communicated by email, phone, or by letter with other organizations concerning issues of common concern (AAO-HNSF, AAOA, SPOHNC, NIDCD, O'HANCAW, the Alliance, NIWI, NALA, ANA, ANCC and other specialty groups). Participated in specialty nursing executive directors' list serve email groups. We constantly serve as a resource to all SOHN members and to our consumers. If we do not have the answer, we will find it for them or refer them to someone who can answer their questions.

Customer Service

Good news! The number of members with email addresses has risen. Therefore, our ability to interact with our members is almost instantaneous. Registrations for the annual congress and all other events by email have risen dramatically. Email allows us to answer questions quickly and at the same time direct questions to our ORL nursing experts. We continue to seek new ways to serve our members quickly and efficiently.

Our computer is backed up daily by an outside company and the back-up is stored out of state. So, in the event of a hurricane or other natural disaster our databases are safe and sound. However, in spite of our technological advances, we still take pride in providing that personal touch. We continue to take meeting registrations over the phone when needed, resend contact hour certificates when the originals are lost and take the time to talk an anxious congress first-timer through the perplexing maze of congress scheduling. And, just yesterday we assisted a CORLN in filling out her contact hour form for recertifying by continuing education. We always try to reflect a positive attitude, a positive spirit and a positive organization.

Thank You

A giant thank you to Cory Parker for her hard work in making SOHN and SOHN Headquarters look great. Thank you, the members, for allowing Headquarters to serve you. We are proud of your accomplishments and contributions that you have made to ORL nursing and patient care!

Chapter Coordinator

Lisa Clemons MSN RN OCN

Major Activities:

- Attended SOHN 38th Annual Congress and Nursing Symposium in Orlando, Florida, September 19-23, 2014
- Elected to the Nominating Committee at SOHN 38th Annual Congress and Nursing Symposium, Orlando, Florida
- Member Nursing Practice and Research Committee
- Assumed the role of Chapter Coordinator January, 2015
- Provided support to members in Dallas with their plans to form a chapter
- Will attend SOHN 39th Annual Congress and Nursing Symposium in Dallas, Texas, September 25-29, 2015
 - Will chair the Chapter Presidents meeting on Saturday, September 26, 2015

- Will serve as VIP Coordinator/Moderator at SOHN 39th Annual Congress and Nursing Symposium
- Will set up a table in SOHN Congress Exhibit Hall, to provide support for members seeking to start a local chapter and encourage interaction between existing chapters
- Will inform and encourage Chapter Presidents to participate in Congress/ENT-NF raffle donations, provide ongoing information to distribute to other chapters, and attendance at the Chapter Presidents Meeting to share their chapter's ideas and successes.
- Will continue to work with headquarters to provide support to local chapters and implement more interaction with the chapters to highlight accomplishments
- Member Birmingham Regional Chapter SOHN
- Chaired the 2015 UAB ENT Nursing Update, March 6, 2015

National Education Committee

Lorie Sparacino MS PNP-BC CORLN

Major Activities:

- All activities from September thru December 2014 were reported previously in the 2015 Midwinter Board Report
- Total of 21 SOHN Educational Programs in 2014, two local programs were cancelled due to low registration, total of 93.7 Contact Hours for all Programs
- Attended the 2015 Midwinter Board Meeting, January 2015 in Arlington, Virginia
- Updated 2015 Committee Roster and the 2015 Committee Interests and Nurse Planner Responsibilities
- Developed and attended the SOHN 2015 Spring Seminar Series, April 23-24 in Boston, Massachusetts; reviewed evaluations; overall excellent ratings and for individual speakers as well, 4.6-5.0; 70 registrants
- Quarterly committee member communication by email; ANCC Updates sent to Nurse Planners monthly; mentoring new Nurse Planners
- 2015 SOHN Educational Programs, 15 Programs scheduled to date
- Developed and coordinated the 2015, 39th Annual Congress and Nursing Symposium with committee
- ANCC Accreditation Virtual Teleconference was conducted December 1, 2014; the ANCC Commission on Accreditation reviewed late January 2015 and granted a full four year accreditation to SOHN as a provider of continuing nursing education ; required follow up Progress Report was submitted June 19, 2015; in addition the regular 2015 Annual ANCC Report for 2014 was completed and submitted by April 1, 2015
- Reviewed Speaker Forms for every educational offering in 2014-2015, national and local programs
- AAO-HNSF External Peer Reviewer for SOHN for Otitis Media Effusion (OME)Practice Guideline July 2015
- Wrote for an unrestricted educational grant for Congress 2015 submitted in February 2015; granted \$3000 from Olympus for the 2015 APN Scoping Course plus in kind equipment support
- Coordinator for the 2015 APN Scoping Course, mentored Sarah Holdsworth as Coordinator, revised slide show program, will also be teaching 9-27-15

- National Education Committee responsibilities for sections of the SOHN Strategic Plan 2014-2015 are on target, Deena Hollingsworth is working on module development of the Comprehensive ORL and Head-Neck Nursing Course. Wendy Mackey is the new Comprehensive ORL Course Coordinator. Presenting completed Practice Guidelines at Spring Program/ Congress for Tinnitus and Allergic Rhinitis, which supports EBP. SOHN promoted member participation in AAO-HNSF Practice Guidelines and as External Peer Reviewers. Program presentations require EBP References to support what is being taught. Leadership Goals are promoted through mentoring new SIG Facilitators, Congress Chairpersons, Coordinators and Nurse Planners. Oral Cancer Prevention Initiative continues with having Dr. Charles Moore present at Congress 2015 as follow up to 2014. Leadership Goals further promoted thru Congress presentation, on Health Policy and Advocacy. We continue to strive to raise membership awareness on the future of Nursing thru our Keynote speaker, Donna Cardillo, presenting, Nursing – The Future is Ours. Our Closing Speaker, Margie Hickey, will present, on Leadership, Wellness and Care of Self. Olympus approved an unrestricted educational grant for \$3000 plus in kind equipment support

Health Policy and Advocacy Committee

Sharon Jamison BSN RN CORLN

Major Activities:

- Attended the 38th Annual SOHN Congress and Nursing Symposium in Orlando, Florida
 - Attended Education Committee Meeting
 - Chaired Health Policy and Advocacy Committee
- Communicated with Committee members
- Revised Health Policy and Advocacy Committee Toolkit was uploaded on new Health Policy and Advocacy webpage designed by Kari McConnell
- Revision of original Government Relations Manual is ongoing
- Procured two speakers for the Health Policy and Advocacy general session lecture at SOHN Congress
 - Texas State Representative Donna Howard
 - Texas State Representative Stephanie Klick
- Submitted "Highlights from the Hill" articles for two issues of ORL- Head and Neck Nursing
 - Edited article submitted by Mary Klein
 - Deena Hollingsworth submitted article outlining her experiences at the Nurse in Washington Internship
- Preparing podium presentation for the 39th Annual SOHN Congress and Nursing Symposium- Palliative ENT Care

Lois Moore-Rogers Pediatric Otolaryngology Lectureship

The Lois Moore-Rogers Pediatric Otolaryngology Lectureship was established in 1996 by Dr. Gerald Healy and the Department of Otolaryngology at the Children's Hospital Medical Center in Boston. Lois has been a long time member of SOHN and active in the Pediatric Special Interest Group.

Cash Award & Certificate

Application deadline: November 15

Cynthia Mabry Otolaryngic Allergy Lectureship

The Cynthia Mabry Otolaryngic Allergy Lectureship was established in 1999 to honor her memory (1937-1999).

Cynthia was a long time active member of SOHN and well respected for her expertise in otolaryngic allergy.

Cash Award & Certificate

Application deadline: January 31

Kalynn Quinn Hensley Head and Neck/ Laryngology Lectureship

The Kalynn Quinn Hensley Lectureship was established in 2001 to honor the memory of a very dear patient who was cared for by many of the SOHN nurses in Houston, Texas. Kalynn was diagnosed with recurrent respiratory papillomatosis (RRP). She required frequent surgical procedures to maintain her airway. She lost her fight for life in 2000 as a young adult due to pulmonary disease progression to cancer.

Cash Award & Certificate

Application Deadline: January 31

Leadership Ad Hoc Task Force

Erin Ross DNP MS ANP-BC CORLN

Goals and Recommendations:

Purpose: To support the SOHN Leadership and BOD in leadership matters.

Nominating Committee support:

- Recommend development of a task force that would be comprised of one member of the board of directors, one experienced member of the nominating committee (past or present) and one member of the leadership ad hoc committee
- Goal: To develop a standardized formal written process of nomination
- Would recommend the president select members of task force

Leadership speaker for congress:

- Leadership Ad Hoc Committee to recommend a topic and speaker for the annual congress each year. Recommend this person and topic to the Education Committee for approval.
- Development of a "Leadership Lectureship". ENT-NF to support lectureship. Similar to Health Policy and Advocacy Committee.

Writing for the journal or Update: Leadership Topic

- Every member of the Leadership Ad Hoc Committee will volunteer to write a piece based on the deadlines. If someone was not comfortable writing a piece then they may recruit someone on their behalf.

Leadership Ad Hoc participation:

- Recruit Special Interest Group Coordinator and Chapter Coordinator to be part of the Leadership Ad Hoc Committee
- Goal: To drive membership participation in leadership

Mentoring:

- Continue with the mentors for new board members
- Continue to invite potential leadership candidates to board meetings (annual and midwinter)
- Continue mentorship process for leadership roles and transitioning leadership positions

Other:

- It was the recommendation of this committee to have the past president sit on the committee for a tenure of one year after their presidency
- Leadership Ad Hoc Committee members should be comprised of at least one board member with tenure of two years while on the board. This person would be appointed by the president.
- Leadership Committee chair should have board of directors or past leadership experience
- Consideration by the board of directors to make this committee a standing committee due to the nature and importance of work supported by the committee

Nominating Committee

Cynthia L. Fox MS RN CORLN

Major Activities:

- Communicated with Nominating Committee members: Lisa Clemons, Laurie Turner, Karen Ulmer and Kathleen Yappel Sinkko
- Contacted chapter presidents to identify potential candidates for election

The Ear, Nose and Throat Nursing Foundation (ENT-NF), founded in 1997, to enhance the care of the ear, nose and throat patient, by advancing the art and science of nursing through education and research funded by donations from individuals, corporations and health care providers. Donations will be used for educational programs designed to enhance care delivery and prevention of disease to the otolaryngology population; support research initiatives to improve the health of patients with ear, nose and throat disorders; and to provide educational programs to increase the knowledge of health care professionals interested in ear, nose and throat nursing care.

Your support in assisting ENT-NF to enhance the care of ear, nose and throat patients is sincerely appreciated. Please make checks payable to ENT-NF and mail to:

ENT-NF

207 Downing Street
New Smyrna Beach, FL 32168

Or donate online at www.sohnnurse.com

Your contribution to ENT-NF is tax-deductible.

Thank you for your support!!

- Committee identified the following eligible candidates for the 2015 election:
 - Treasurer
Anne DeLeo CRNP CORLN and Ramute O. Kemeza BSN RN
 - Board of Director Members
Vinciya Pandian PhD MSN RN ACNP-BC, Kim M. Giordano MSN CRNP CORLN and Cristie Roush DNP GNP-BC
 - Nominating Committee Members
Helene J. Krouse PhD ANP-BC CORLN FAAN and Fayann Ridgley BSN RN CORLN
- The committee plans to make a poster to showcase the nominees listed above and present them at the upcoming Business Meeting in Dallas, Texas

Practice and Research Committee

Michele Farrington, BSN, RN, CPHON

Major Activities:

American Academy of Otolaryngology – Head and Neck Surgery Foundation

Guidelines Taskforce

- Attended December 2014 and May 2015 meetings in Alexandria, Virginia
- Recruited SOHN members for development of new clinical practice guidelines, updates to current clinical practice guidelines, and as external peer reviewers for developed clinical practice guidelines

Awards

- Literary Awards – Evidence-Based Oral Care for Oral Mucositis & High Level Disinfection of Flexible Nasopharyngoscopes, Videolaryngoscopes, and Rigid Nasal Endoscopes: An Evidence-Based Approach. 38th Annual SOHN Congress and Nursing Symposium, Orlando, Florida

Department Editor

- ORL-Head and Neck Nursing – Media Review

External Peer Reviewer

- Clinical Practice Guideline Update: Otitis Media with Effusion (OME) - American Academy of Otolaryngology – Head and Neck Surgery Foundation

Oral Presentations

- Creating a Healthy Workforce. 38th Annual Society of Otorhinolaryngology and Head Neck Nurses (SOHN) Congress and Nursing Symposium, Orlando, Florida
- Will present - What is Evidence-Based Practice Anyway? 39th Annual Society of Otorhinolaryngology and Head-Neck Nurses (SOHN) Congress and Nursing Symposium, Dallas, Texas

Practice and Research Committee

- Chaired Practice and Research Committee meeting at 38th Annual SOHN Congress and Nursing Symposium, Orlando, Florida
- Contacted Practice and Research Committee members
- Submitted Practice and Research Committee Reports – January and July 2015
- Attended SOHN Midwinter Board Meeting – Arlington, Virginia – January 2015

Publications

- Farrington, M. (In press). *The Oz principle: Getting results through individual and organizational accountability*. *ORL – Head and Neck Nursing*.
- Farrington, M. (Under review). Toothpaste considerations for oncology patients. *ORL – Head and Neck Nursing*.
- Farrington, M., Bruene, D., & Wagner, M. (2015). Pain management prior to nasogastric tube placement: Atomized lidocaine. *ORL – Head and Neck Nursing*, 33(1), 8-16.

A Warm Welcome

To new SOHN members

Heather Allen Danbury, CT	Joyce Middleton Elk Grove, CA
Marianne Bennett Whitman, MA	Anna Munoz Dallas, TX
Shauna Brodie San Francisco, CA	Jennifer L. Paz Bellevue, NE
Mary E. Caughren Centennial, CO	Rebecca T. Pink-Godin Tecumseh, MI
Dina M. Cirino Lyndhurst, OH	Shannon Rychlik Spruce Grove, Alberta, Canada
Lauren Colvin Farmers Branch, TX	Lisa M. Shoemaker St Louis, MO
Marilyn Cortes Madison, WI	Anne Shultz New York, NY
Amanda M. Finn Tecumseh, MI	Robin E. Smith Columbia, SC
Cristen L. Fischl West Jordan, UT	Parawan Stalzer McLean, VA
Stephanie Guy Kailua, HI	Laura J. Sullivan Dallas, TX
Yvonne M. Hildebrand-Tepe Mason, OH	Donna E. Swezey Savoy, IL
Kamela S. Jensen Dakota Dunes, SD	Phuong Tran Richmond, TX
Mary Lafser Jacksonville Beach, FL	Joni J. Withers Dallas, TX
Nickole L. Mapes Wentzville, MO	Melissa M. Young-Fairweather Pepperell, MA
Meredith L. Mason Pinckney, MI	

ENT-NF Wall of Honor

"to honor, to thank, to cherish
the memory"

Gifts Have Been Received in Memory of:

Kalynn Quinn Hensley
by Virginia Bowman and the
Greater Houston Area Chapter
Michael Sparacino
by Lorie Sparacino

Gifts Have Been Received in Honor of:

Maggie Chesnutt
by Denise Wood
Jonas T. Johnson MD
by Barbara Sigler
Edward Stalzer
by Deena Hollingsworth

Donate online click on the "Click to Donate" button on
SOHN's homepage www.sohnnurse.com

2015 Annual Reports

SOHN Congress

- Attendee - 38th Annual SOHN Congress and Nursing Symposium, Orlando, Florida
- Election Teller. 38th Annual SOHN Congress and Nursing Symposium, Orlando, Florida
- Poster Judge. 38th Annual SOHN Congress and Nursing Symposium, Orlando, Florida
- Poster Abstract Reviewer. 39th Annual SOHN Congress and Nursing Symposium, Dallas, Texas

Social Media Coordinator

Kari E. McConnell RN CORLN

Major Activities:

- Administrator of the SOHN Facebook page, ENT-NF Facebook page, Twitter account, YouTube channel, LinkedIn group and website
- Attended the 38th Annual SOHN Congress in Orlando, Florida and directed Opening Ceremonies
- Created the 2014 Opening Ceremonies music playlist and PowerPoint for President Chesnutt
- Filmed interviews with Congress attendees highlighting: SOHN membership, ORL Nurse Certification, SOHN Congress, and the importance of networking with your ORL nursing peers
- Created a new video with highlights from the 2014 Congress in Orlando, Florida. This video is available to view on the SOHN YouTube Channel (www.youtube.com/sohnnurse)
- Edited and posted 2014 congress photos on the SOHN Facebook page
- Posted information throughout the year on Facebook, Twitter and Website, including: SOHN educational opportunities, Chapter Events, ORL Nurse Day and the promotion of the SOHN publications
- Responded to questions posted on the Facebook page
- Created a video trailer promoting the upcoming 39th Annual Congress and Nursing Symposium in Dallas, Texas. The trailer is being used to advertise this educational event on Facebook and Twitter
- Collaboration with Net Works to improve and update the SOHN website
 - New area of the website was created for the Health Policy and Advocacy Committee
 - Created a Chapter Event area on the website to promote chapter educational events
 - Creation of new "slider" images that rotate on the top of the website home page highlighting SOHN events; Certification; Chapter Events; Ear, Nose and Throat Nursing Foundation; Special Interest Groups and other new areas of interest
 - Promoted sales of the Core Curriculum for Otorhinolaryngology and Head-Neck Nursing
- Collected and reviewed SM Statistics: Website, Facebook and YouTube to share with officers and board of directors
- Continually monitor other nursing organization online social media presence to stay current and observe social media trends

Social Media links:

Facebook.com/sohnnurse
Twitter.com/sohnnurse
YouTube.com/sohnnurse
Website: www.sohnnurse.com

2015 Nurse in Washington Internship



This past March I had the opportunity to attend the Nurse in Washington Internship (NIWI) and get a better look at how our government runs. Over 2 ½ days I was able to meet and work with a very talented group of nurses from all over the country. We had excellent speakers from various National organizations give us their perspective on protecting and advancing Nursing Practice in the present climate of health care policy change. We learned about “asks”. These are the specific points that we were to make when visiting congressional offices on the

last day. The whole exercise was fun, informative, and absolutely essential. Members of Congress need to see us and hear the message we bring as we advocate for better health care. Nurses have made a difference for a long time and we will continue to do so. SOHN provided me with this opportunity as your President Elect. Next year this opportunity will be made available to someone from the general membership. Applications are open to any member in good standing and forms are available from the Society office. The application deadline is November 1, 2015. I am happy to discuss this with you at Congress or by email if you are not able to join us in Dallas.

Special Interest Groups (SIGs)

Are you new to the field of ENT or to a new specialty in ENT?

Would you like a way to network with other nurses in your specialty?

Make it your goal to attend a SIG meeting at Congress this year. There are ten SIGs that will meet at Congress 2015, they include:

- Advanced Practice
- Allergy / Sinus
- Facial Plastics
- Geriatric
- Head Neck
- Office Based
- Otology
- Pediatric
- Perioperative
- Federal / Military

These meetings are open to anyone that attends Congress. Please take advantage of the SIG meetings. You can come and listen, share a new idea or ask your colleagues for their input on a situation you need help with. The SIGs are a great way to connect with nurses in your specialty and can be a resource for you at the meeting and in the future.

Call for Abstracts

Abstracts are being accepted for several upcoming SOHN conferences. Each session is 60 minutes in length. Major abstract categories include clinical/evidence based practice and research in areas such as novel clinical or education interventions, innovative models of care, emerging health conditions, evolving leadership and policy issues, original research findings and resourceful outcome measures. Sub specialty categories include Pharmacology for APNs, Advance Practice issues, Allergy/Rhin sinus, Facial Plastics, Gerontology, Head Neck, Office Based Practice, OR/Perioperative, Otology and Pediatric ORL. The deadline for submission is October 15, 2015.

Upcoming SOHN Educational events offer an opportunity to share your expertise and knowledge.

- SOHN's 2016 Spring Seminar Series and 30th Annual Pediatric ORL Nurses Spring Meeting will be held in May 2016 in Chicago, Illinois
- SOHN's 40th Annual Congress and Nursing Symposium will be held in September 2016 in San Diego, California

Contact SOHN's Education Director, Lorie Sparacino, for more information at lsparacino@aol.com

Council Announces 2016 Guest Board Attendee Program

The SOHN Council of Past Presidents (COPP) is currently accepting applications for the Guest Board Attendee Program. This successful leadership mentoring project was initiated in 2005. To date 15 members have attended the Midwinter Board Meeting held each January. The latest attendee was Kim Giordano. Partial funding of this innovative project is provided by the COPP in order to promote the development of new leaders in SOHN. The Council was formed in 1985 and has continually supported SOHN special projects. Applications can be obtained from SOHN National Headquarters or from COPP members and board members during the annual congress.

**Update is a publication of the
Society of Otorhinolaryngology and
Head-Neck Nurses, Inc.**

President

Maggie Chesnutt MSN FNP-BC CORLN

Vice-President

Mary Ellen Diotalevi RN CORLN

President Elect

Deena B. Hollingsworth MSN FNP-BC CORLN

Treasurer

Ramute O. Kemeza BSN RN

Secretary

Carolyn Waddington MS RN FNP CORLN

**Please send publication
information to the editor**

Sandra L. Schwartz MS RN CORLN

Executive Director

SOHN National Headquarters

207 Downing Street

New Smyrna Beach, FL 32168

Phone: 386-428-1695

Fax: 386-423-7566

E-mail: sohnnet@aol.com

Website: www.sohnnurse.com



SOHN National Headquarters

207 Downing Street

New Smyrna Beach, FL 32168

(386) 428-1695

www.sohnnurse.com

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newsletter, contact us at
800-977-0474, or
sales@WoodwardBizMedia.com

2015 SOHN Calendar

Events/Deadlines

September

- 1 CORLN Examination Application Deadline
- 25-29 SOHN 39th Annual SOHN Congress – Dallas, TX

October

- 3-17 CORLN Examination Testing Period
- 15 Call for Abstracts 2016 Congress & Spring Seminar Series

November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
- 1 Nurse in Washington Internship Application Deadline
- 15 Lois Moore-Rogers Lectureship Deadline
- 30 Research Forum Abstracts Deadline

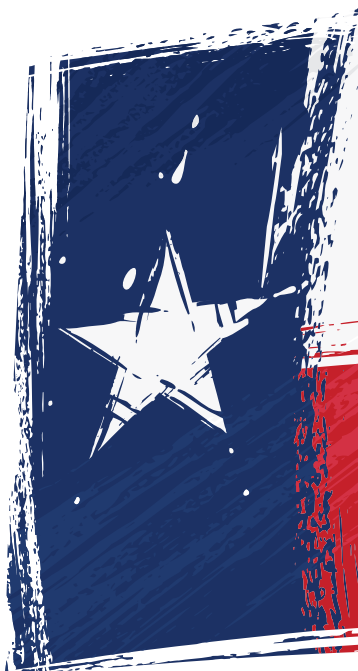
December

- 30 Nominations for Outstanding Service Award Deadline
- 30 Nominations for Friend of SOHN Award Deadline

Future Congress Dates

September 16-20, 2016
San Diego, California

ORL NURSING:

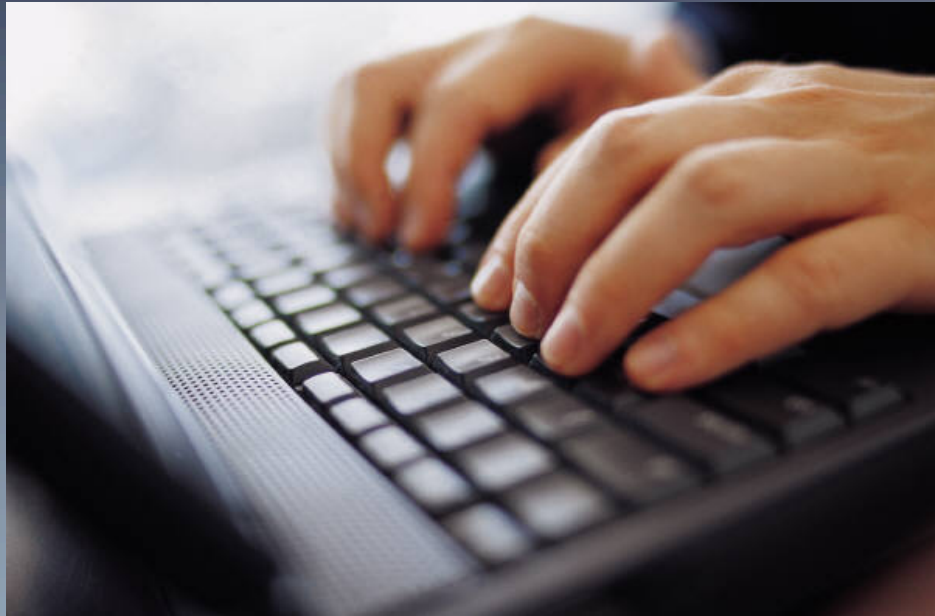


**THE NEW
FRONTIER**

**39th Annual SOHN Congress
& Nursing Symposium**

September 25-29, 2015
Hyatt Regency Dallas ★ Dallas, Texas

www.sohnnurse.com



October 2015 * SURVEY

Practice Guidelines

SOHN Members will be invited to participate in an interactive online survey about knowledge and use of clinical practice guidelines in otolaryngology nursing. Please watch for an email invite in October to participate in this survey.

Questions? Contact Helene Krouse at hjkrouse@wayne.edu for more information.