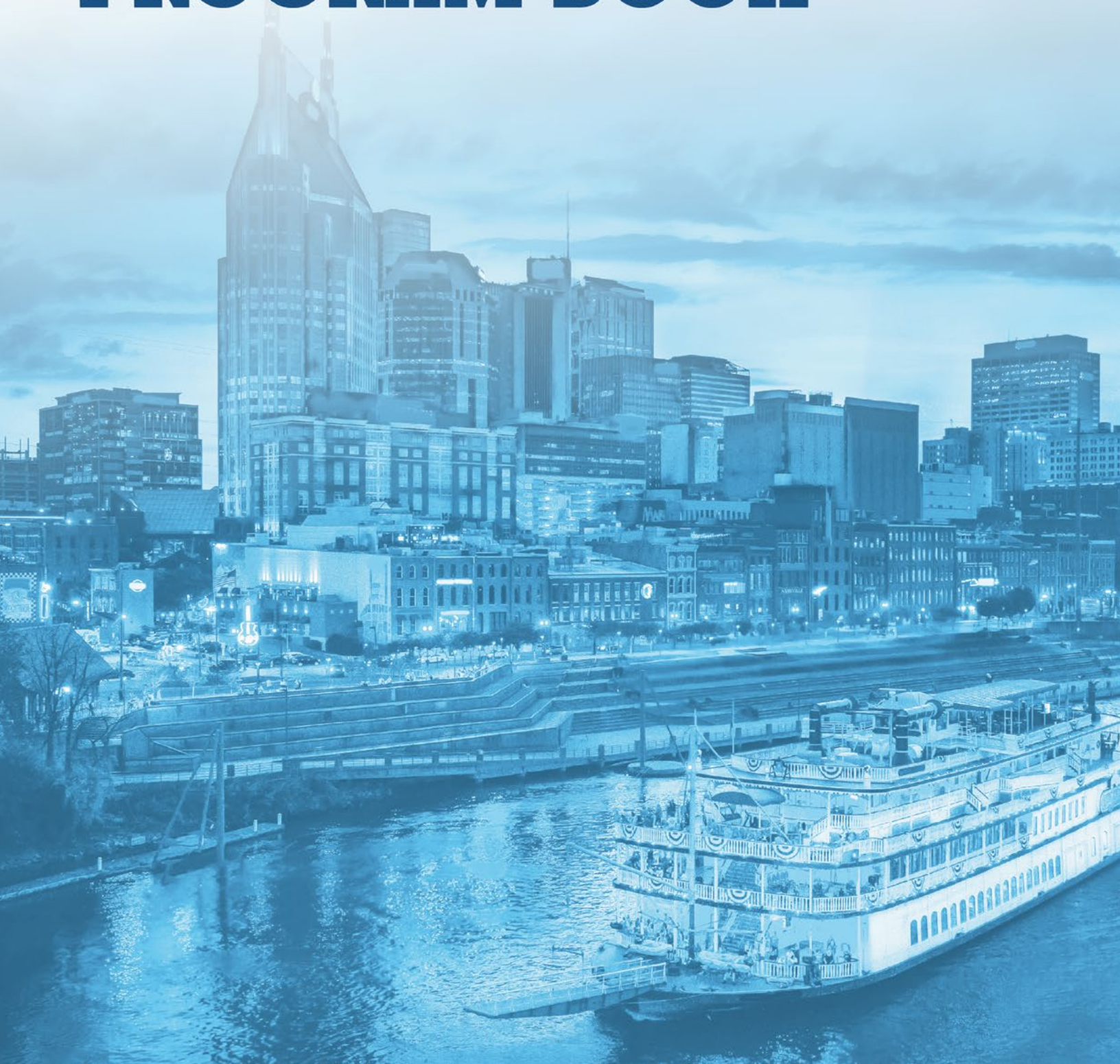


HITTING THE HIGH NOTES



SOHN 47TH ANNUAL CONGRESS
AND EDUCATIONAL
SYMPOSIUM
NASHVILLE
SEPTEMBER 29-OCTOBER 2, 2023

PROGRAM BOOK





Welcome to SOHN's 47th Annual Congress Hitting the High Notes!



Dear Esteemed Attendees,

It is with great pleasure and excitement that I welcome you to the 47th Annual Congress and Educational Symposium of the Society of Otorhinolaryngology Head and Neck Nurses (SOHN) in the vibrant city of Nashville, Tennessee. Our theme this year, "Hitting the High Notes," encapsulates the spirit of excellence, growth, and unity that defines our community of dedicated healthcare professionals.

Before we embark on this enriching journey together, I would like to extend heartfelt gratitude to the National Congress Planning Committee for their tireless efforts in crafting an exceptional program for us all. Their dedication and commitment have shaped an event that promises to be both educational and enjoyable.

Our SOHN Comprehensive nine-hour course ORL and Head-Neck Nursing Course will delve into ear, nose, and throat disorders, enhancing your knowledge and allowing you to identify areas for growth. Ideal for both advanced practice nurses and seasoned ORL nurses on Friday, September 29th from 8:00 am - 5:30 pm. The Special Interest Group Meetings will allow you to connect with fellow professionals in your subspecialty, exchange ideas, and broaden your horizons within the field of ORL nursing on Saturday, September 30th from 4:20 pm - 6:25 pm.

Don't forget to join us at the Blake Shelton-owned Ole Red Nashville for a night of camaraderie, delicious dinner, beverages, and even some line dancing instruction. Embrace the cowboy or cowgirl in you and enjoy live music under the Nashville stars during the President's Reception on Saturday, September 30th from 7:00 pm - 10:00 pm. You can also rise and shine for a casual fun walk through beautiful Centennial Park, supporting the Ear, Nose, and Throat Nursing Foundation (ENT-NF). Invite colleagues, family, and friends to sponsor your walk as we fund Scholarships, Lectureships, ORL Education, and Research on Sunday, October 1st at 6:45am.

Meet poster presenters and engage in discussions about their research, evidence-based practice, educational initiatives, and clinical projects. Enjoy light appetizers and refreshments while networking with fellow attendees Sunday, October 1st from 6:30 pm - 7:30 pm. During this time, don't miss the chance to purchase raffle tickets for fabulous prizes generously donated to support the Ear, Nose, and Throat Nursing Foundation (ENT-NF). Your contributions directly impact the ENT-NF's mission. The winners will be announced on Monday, October 2nd between 9:05 am and 9:45 am.

The National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN) will host a special luncheon exclusively for our CORLNs. Join us for this ticketed event to network with your peer CORLNs on Sunday, October 1st from 12:10 pm - 1:15 pm.

What sets our 47th Annual Congress apart is the blend of tradition and innovation that defines SOHN. While we uphold the rich legacy of our organization, we continuously embrace the latest advancements in the field of Otorhinolaryngology and Head-Neck Nursing. This congress is a platform where you can immerse yourself in the wisdom of seasoned experts and, at the same time, explore cutting-edge research and technologies. It's a space where you can not only expand your knowledge but also forge lasting connections with like-minded professionals who share your passion for excellence in patient care.

As we gather in Nashville, a city synonymous with music and innovation, let us draw inspiration from our theme and strive to reach new heights in our knowledge and patient care. Together, we will create harmonious healthcare experiences for our patients and communities, and discover a congress experience that is truly unparalleled.

I look forward to connecting with each of you, learning from your experiences, and celebrating our shared commitment to excellence in Otorhinolaryngology and Head-Neck Nursing.

Let's hit the High Notes together!

Warm regards,

**Vinciya Pandian PhD MBA MSN ACNP-BC FAANP FAAN
FFNMRCSI**
SOHN and ENT-NF President





National Education Committee and Leadership

SOHN Leadership

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Vinciya Pandian PhD MBA MSN ACNP-BC FAANP FAAN FFMRC SI

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Mary Klein MSN RN

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SOHN Historian

Sandra Schwartz MS RN CORLN

Bylaws Committee

Maria Colandrea MSN CRNP CPNP-AC CPEN CORLN

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Wendy Lord Mackey DNP, APRN-BC, CORLN

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Accredited Provider Program Director

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Education Coordinator

Sharon Jamison VR-RN, BSN, CORLN (E)

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Health Policy & Advocacy Committee

Suzanne Beshore BSN MS RN CORLN

Membership Enhancement Committee

Troy DeRose CRNP RNFA CORLN ANCC-C B-FNP B-ACGNP

Nominating Committee

Tyree Smith MSN CRNP CPNP-AC CPEN CORLN

Chapter Coordinator

Lisa Lever BSN RN CORLN

Nursing Practice and Research Committee

Terri Giordano DNP CORLN

Scholarship and Awards Committee

Vinciya Pandian PhD MSN RN ACNP-BC FAANP FAAN FFMRC SI

Social Media Committee

Anne DeLeo CRNP CORLN
Beth Baker RN MSN





National Education Committee and Leadership

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National Chapter Coordinator

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Martha Ryan NP

Birmingham Regional Chapter (BIR)

Tamara Gillispie BSN RN

Chicago Chapter (CHI)

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Greater Omaha Area Chapter (NEB)

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Southeastern Pennsylvania Chapter (SEP)

Christie Alminde RN CPN

Wisconsin Chapter (WIS)

Kristina Keppel DNP APNP CPNP

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Margaret Wallace MSN FNP CORLN

Vice President

Cristie Roush DNP GNP-BC

Secretary/Treasurer

Betsey Kim MSN CRNP CORLN

Executive Director

Sandra Schwartz MS RN CORLN

Certification for ORL Nursing (CORLN)

Congratulations to our New and Renewing CORLN's for 2023!

New CORLNs

Christa E. Brown
Allegra Jackson
James R. Jones
Amber G. Sharpe

Recertified CORLNs

Diane L. Aide
Crystal D. Baker-Mayer
Melissa A. Borofsky
Wendy L. Mackey
Ann Marie Strausser
Kathryn B. Sutton
Rhonda C. Talbott

Recertified CORLNs by Continuing Education

Leslie L. Allen
Jana L. Bradley
Bryan A. Facione
Valerie A. Gass
David W. Irby
Melissa A. Janssen
Kimberly G. Marino
Erin J. Ross

Next Application Deadline: **September 6, 2023**

Next Testing Period: **October 7–21, 2023**



Don't Miss These Congress Highlights!

SOHN Comprehensive ORL and Head-Neck Nursing Course

Friday, September 29th from 8am to 5:30pm

This content-rich nine-hour course provides a comprehensive exploration of ear, nose, and throat disorders and their management. The course will review anatomy, common disorders, etiology, symptoms, diagnostic evaluation, and management. The course is designed to enhance and reinforce your current knowledge base and allow you to identify areas of weakness that may require further focus and learning. The course is ideal for the advance practice nurse practicing in otolaryngology or for the seasoned ORL nurse seeking a thorough review.

Price: \$350 for the entire course

Opening Ceremony

Saturday, September 30th from 10:55 to 11:40am

Are you prepared to ignite the 47th Annual Congress with a surge of energy and inspiration? We are thrilled to extend our invitation to you for the Opening Ceremony scheduled for September 30th, running from 10:55 am to 11:40 am. Our President will grace the stage to impart insights into the current state of our organization and offer a glimpse into the path that lies ahead. Be among the first to discover the exceptional award recipients who will be acknowledged for their remarkable contributions to our field. This is an exceptional opportunity to collectively celebrate excellence! Experience the camaraderie as we unite as a passionate ORL nursing community, all devoted to enhancing patient care and advancing our profession. It's a moment to forge connections with both familiar and new colleagues who share your enthusiasm. Brace yourself for a formal launch to this year's Congress, setting the tone for an event brimming with educational opportunities, networking prospects, and unforgettable experiences. Let's inaugurate the 47th Annual Congress together with zeal and solidarity!

Lunch and Learn, Sponsored by Medtronic

Saturday, September 30th from 1:00 to 2:00pm
415 ABCD

The evolution of tracheostomy technology to meet patient needs along the care journey. Presented by Katie Bull MSN, Ed.D, RN.

Industry sponsored, no CNE will be awarded.

Special Interest Group Meetings

Saturday, September 30th from 4:20 to 6:25pm

ORL Nursing covers a wide range of Subspecialties each of which present a special set of skills and unique knowledge base. SOHN special interest groups (SIG) will link you with other members practicing your designated subspecialty. All SIGS will be meeting at Congress. Join a SIG and share your ideas and gain new information.

Presidents Reception

Saturday, September 30th from 7:00 to 10:00 pm

You're all invited to the President's Reception at Ole Red Nashville, a Blake Shelton owned restaurant. Join us for an evening filled with great company and even better vibes. Tickets for the Presidents Reception include a delicious dinner, beverages, and line dancing instruction. After the event, feel free to venture out to the main stage and enjoy live music throughout the night. Don't forget to embrace your inner cowboy or cowgirl with Western wear. Dust off your boots and feel free to sport your favorite cowboy hat and attire.

Price: \$75 per person. Tickets can be purchased at the Registration Desk while seating is still available.

ENT-NF Fun Run/Walk – Stepping Forward with the Foundation

Sunday, October 1 at 6:45 am

Rise and shine and walk for the Ear, Nose, and Throat Nursing Foundation (ENT-NF). Join your fellow attendees for a casual fun walk through beautiful Centennial Park featuring the iconic Parthenon replica. Invite colleagues family and friends to sponsor your walk. Chapter members join the Chapter Challenge and walk for the Foundation. All proceeds will go directly to the ENT-NF foundation to fund Scholarships, Lectureships, ORL Education and Research. Each participant will receive a limited edition 2023 Foundation T-shirt.

Price includes a T-shirt: \$47. Tickets can still be purchased at the Registration Desk.

CORLN Luncheon

Sunday, October 1 from 12:10 to 1:15 pm
415 ABCD

The CORLN Lunch is Sponsored by the National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN) We are proud of our CORLNs! This lunch is a time for fellow CORLNs from around the country to gather and enjoy a special luncheon exclusively for them. At the lunch, new officers will be installed as well as a chance to learn what is happening in your association. Please bring two test questions to add to our test item bank.

Price: \$45 Ticketed Event

Poster Reception

Sunday, October 1 from 6:30 to 7:30 pm

Come meet the poster presenters as they discuss their Research, evidence-based practice, educational and clinical initiative posters. Light appetizers will be served as well as a cash bar.

Price: Free to all attendees. No registration is required. 2 drink tickets can be purchased in advance for \$10.





Don't Miss These Congress Highlights!

Annual Business Meeting

Monday, October 2 from 8:00 to 9:00 am

The annual business meeting will be held on October 2nd at 8 am and serves to maintain transparency, recognize achievements, and ensure organizational efficiency. It provides members with an opportunity to engage with leadership, stay informed about activities, and celebrate peers in ORL and head and neck nursing. The meeting announces winners of the Poster Award and Chapter Excellence Award, highlights their contributions, and presents a comprehensive board report on activities, accomplishments, and future goals. Financial status is also transparently shared. The meeting installs newly elected officers for seamless leadership transition within SOHN.

ENT-NF Benefit Raffle

Monday, October 2 from 9:05 to 9:45 am

Don't forget to purchase raffle tickets for a chance to win fabulous prizes that were generously donated to raise money for the Ear, Nose, and Throat Nursing Foundation (ENT-NF). Raffle tickets will be sold throughout the event and the drawing will take place on Monday morning. All proceeds go directly to the ENT-NF.

Thank You to Our Sponsors!

Medtronic



OLYMPUS

Thank You to Our Congress Planning Committee

Helen Kim - Chair
Amy Ashburn - Co-Chair
Karen Ulmer
Sharon Jamison

Marci Nilsen
Vinciya Pandian
Nadine Nardello
Julie Chiappa

Wendy Mackey
Regina Kahnert
Sarah Holdsworth

Special Thank You

We would like to extend a special thank you to the Vanderbilt University Medical Center for the venue and collaboration for making this year's congress happen.



Awards, Grants, and Scholarships



SOHN and ENT-NF offer a wide variety of Awards, Grants, and Scholarships to SOHN Members.

For more information, scan the QR code or contact us at SOHN's National Headquarters – info@sohnnurse.com

Program Purpose

1. Provide an educational program for ORL nurses to advance their knowledge of select pediatric and adult otorhinolaryngology issues affecting patients and families.
2. Present new technology and/or research.
3. Address challenges faced by ORL clinicians in care of patients with a wide range of ORL conditions.
4. Engage participants in continuous education to remain ahead of technological, methodological, or other developments in the field of ORL nursing.
5. Provide opportunities for professional networking.

The Overall Learning Outcomes for the SOHN Congress

1. Enhance ORL nursing practice through education on the advances in technology and treatments for patients with ENT and Head-Neck conditions.
2. Build nursing leadership and mentorship skills.
3. Collaborate with colleagues and stakeholders to promote quality, safety and improved outcomes of ORL patient populations via organizational and systems leadership.
4. Provide the tools to empower ORL nurses to disseminate and incorporate knowledge gained at Congress into their daily practice.
5. Engage ORL nurses in an environment of peer networking, collaboration, and rejuvenation.
6. Enlighten ORL nurses across all levels and sub-specialties of the changes in patient care guidelines and professional practice.

Successful Completion Statement

Criteria for successful completion of each CNE credit requires attendance at the entirety of the 60-minute sessions being claimed and completion of evaluation form for those presentations attended.

Recording Prohibited

No presentations may be recorded without the express permission of the presenter.

Collecting Your Continuing Nursing Education Units

Thank you for participating in SOHN's 47th Annual Congress and Educational Symposia in Nashville! Please be on the lookout for an email 1-2 weeks after Congress has concluded with further instructions on how to obtain your Continuing Education Certificate(s), as well as access the virtual recordings of our featured presentations. **The virtual recordings will be available until November 25 and the Evaluations will be accepted until November 30th.** Certificates will be emailed at the beginning of December. If you have any questions or concerns, please email info@sohnnurse.com.

If you do not receive an email 1-2 weeks after congress please check you spam folder or email info@sohnnurse.com. There will be no extensions to the viewing or evaluation deadlines





Financial Disclosure Statement

SOHN is obligated to ensure that all educational activities, including the 47th Annual Congress and Educational Symposia, are developed and presented with independence, objectivity, and scientific rigor. It is our responsibility to ensure that SOHN education activities are free from promotion of specific goods or services, and that presentations are free from actual or potential bias.

The potential for conflicts of interest exists when an individual has the ability to control or influence the content of an educational activity **and** has a financial relationship with a *commercial interest*. **Commercial interest**, as defined by ANCC, is any entity producing, marketing, reselling or distributing healthcare goods or services consumed by or used on patients, or an entity that is owned or controlled by an entity that produces, markets, resells or distributes healthcare goods or services consumed by or used on patients.

SOHN resolves any identified actual or potential conflicts of interest during the planning and implementation phases of the 47th Annual Congress and Nursing Symposia.

All planning committee members and presenters must disclose all *relevant relationships* with any commercial interest, during the time when the relationship is in effect and for 24 months prior. All information disclosed is shared here with the SOHN participants/learners prior to the start of the educational activity.

None of the planners for this educational activity have relevant financial relationship(s) to disclose.

Faculty who have declared financial relationship(s) with ineligible companies:

Oriana Beaudet, DNP, RN, PHN has a podcast with Johnson and Johnson, and received the ANA Innovation Award from Stryker.

Rakesh Chandra, MD is a consultant for Regeron and Olympus; he is on clinical trial steering committees for Lyra and Optinose.

Maria Colandrea, DNP, NP-BC, CORLN, FFMRCIS, FAANP is a speaker for the AANP.

K. Charles Fletcher, MD is a consultant for Mountain Group Partners.

Robert Foote, MD, FACR, FASTRO has a patent and receives royalties from Bionix.

Barbara Murphy, MD is on the advisory board for both Merck and Galera. She received a research grant from Tactile.

Dan Zandberg, MD is on the advisory board for Merck, Prelude Therapeutics, and GlaxoSmithKline. He is a consultant for MacroGenics and on the steering committee for Seagen. He also receives institutional support for his roles as a PI in clinical research.

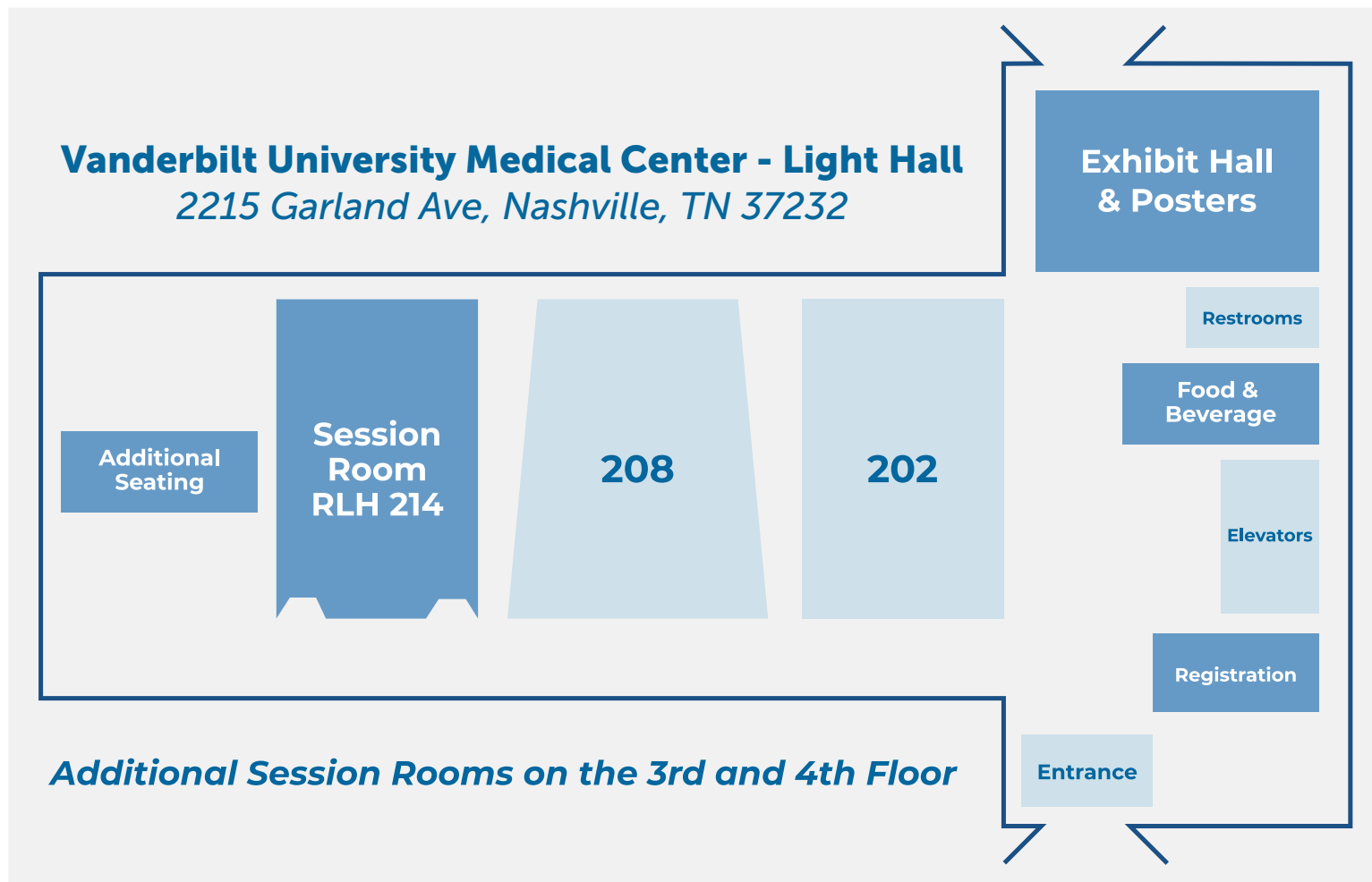
All of the relevant financial relationships listed for these individuals have been mitigated.

SOHN is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation





Congress Venue Map



Be sure to explore and support Nashville dining and hangouts throughout the rest of your time while at Congress!

Meals Provided at SOHN Congress

All items are included with your registration unless otherwise noted.

Friday, September 29

7:30 – 8:30am – Continental Breakfast
(Pharmacology Day and Comprehensive ORL Head-Neck Nursing Course attendees only)

12:00 – 1:00pm – Lunch
(Pharmacology Day and Comprehensive ORL Head-Neck Nursing Course attendees only)

Saturday, September 30

1:00 – 2:00pm – Lunch

7:00 – 10:00pm – Dinner at Presidents Reception
Ticketed Attendees Only

Sunday, October 1

12:10 – 1:15pm – Lunch

12:10 – 1:15pm – CORLN Luncheon
Ticketed Attendees Only

Monday, October 2

8:00 – 9:00am – Continental Breakfast
(During Business Meeting)

11:50 – 12:45pm – Lunch

Congress Program

View the Full
Agenda Online



Friday, September 29, 2023 | Pharmacology Day

#110 8:50–9:50am **Management of Anosmia: What Makes Scents?**
Christine Reger, MSN, CRNP, ANP-BC; Katherine Schmitt, RN;
Samantha Roecker, CRNP *Auditorium RLH 214*

Learning Outcomes:

- Examine the diagnosis and historic treatment of anosmia.
- Analyze the current medical and adjunct treatment options including treatment of long-haul COVID 19 anosmia.
- Integrate olfactory training into treatment options.

Course Description:

Overview of the diagnosis and evaluation of anosmia, the historical focus and treatment options anosmia, current medical and adjunct therapy options for long-haul COVID-19, and the role of olfactory training.

#120 9:55–10:55am **Immunotherapy – Past, Present, and Future**
Dan P. Zandberg, MD *Auditorium RLH 214*

Learning Outcomes:

- Examine the history and role of immunotherapy in the treatment of head/ neck cancer.
- Illustrate the medical and nursing care of the patient receiving immunotherapy.
- Predict the future of immunotherapy in head/ neck cancer treatment.

Course Description:

A basic explanation of immunotherapy history, indications in head/ neck cancer, and hopes for future successes, explorations, and discoveries of immunotherapies.

#130 11:00am–12:00pm **Think Vitamins, Think Minerals, Think Herbs.... and Medications?**
Terri Giordano, DNP, CORLN *Auditorium RLH 214*

Learning Outcomes:

- Examine the use of dietary supplements in ORL patients.
- Analyze common medications and adverse events with supplement use.
- Illustrate ways APPs can prevent adverse events in patients taking dietary supplements.

Course Description:

Unlike drug products, there are no provisions in the law for the FDA to approve dietary supplements for safety or effectiveness. In comparison all medications must obtain FDA approval by providing evidence that it is safe and effective. This presentation will review patients' use of dietary supplements and potential adverse medication events that Advanced Practice Providers should be aware of when prescribing medications or supplements to patients.

#140 1:00–2:00pm **Ottopicals**
Mana Espahbodi, MD; Kristine Estheimer, BSN, RN, CORLN *Auditorium RLH 214*

Learning Outcomes:

- Compare and contrast common external ear pathology.
- Illustrate evidence for indicated ototopical therapies including contraindications.
- Apply presentation into clinical practice and education.

Course Description:

An interactive discussion on appropriate use of ototopical treatments for common ear pathologies seen in Otolaryngology clinics including cerumen, eczematoid otitis externa, acute otitis externa, acute suppurative otitis media and chronic otitis media.

Continued on next page





Congress Program

View the Full
Agenda Online



Friday, September 29, 2023 | Pharmacology Day

#150 2:05–3:05pm **Those Pediatric Nose Bleeds: When and How Should We Treat Them?** Auditorium RLH 214
Kristina Keppel, DNP, APNP, CPNP

Learning Outcomes:

- Review the incidence, etiology, and quality of life in pediatric patients with epistaxis.
- Determine which of the 4 methods of addressing epistaxis with an anterior bleeding site is appropriate given your patient's presenting symptoms.
- Determine when and how to order appropriate medication to treat or prevent epistaxis or bleeding in patients with known platelet function disorders.

Course Description:

This presentation provides a review of the most up to date, evidence-based practice in pharmacological management to help ORL nurses provide prompt intervention and ensure decreased variation in clinical care.

#160 3:30–4:30pm **Antibiotic Allergies: Don't Judge an Allergy by its Cover** Auditorium RLH 214
Laura Hatfield PharmD, BCPS, BCCCP

Learning Outcomes:

- Perform an evaluation of a patient with reported antibiotic allergies.
- Explain the importance of clarifying and de-labeling antibiotic allergies.

Course Description:

This presentation includes the pathophysiology and incidence of common antibiotic allergies, how to conduct an allergy history, cross reactivity and risk stratification for re-challenge, and the importance of de-labeling.

#170 4:35–5:35pm **Anticoagulation Management for Surgical Patients** Auditorium RLH 214
Lydia Lewis, BS, PharmD Candidate 2024, Erica Thomas, PharmD, BCPS

Learning Outcomes:

- Compare and contrast the different oral and parenteral anticoagulants.
- Examine patient and medication specific characteristics to help develop perioperative anticoagulation regimens.
- Apply knowledge gained in this presentation to clinical scenarios.

Course Description:

This presentation will review indications, potential adverse effects, and mechanisms of action of oral and parenteral anticoagulants, and discuss patient specific factors to assess when deciding on perioperative management of these medications.

Continued on next page





Congress Program

[View the Full Agenda Online](#)

Friday, September 29, 2023 | Comprehensive ORL and Head-Neck Nursing Course

#111a 8:00–9:15am **Disorders of the Nose, Sinuses, and Oral Cavity** 407 ABCD
Erin Ross, DNP, APRN, CNP, FAANP

Learning Outcomes:

- Relate the normal anatomy and physiology of the nose, sinuses, nasopharynx and oral cavity to the etiology, symptomatology, evaluation, and management of various nasal problems/disorders.
- Compare the etiology, symptomatology, evaluation, and management of oral cavity disorders/diseases to nursing care.

#111b 9:15–10:00am **Benign Head and Neck Disorders** 407 ABCD
Cristie Roush, DNP, GNP-BC, CORLN

Learning Outcomes:

- Identify normal anatomy and physiology of the larynx, trachea, neck, and associated lymph node.
- Illustrate the 12 cranial nerves, the function and test used to assess patients.
- Compare the etiology, management of benign head and neck issues such as Bell's Palsy, Vocal Cord Paralysis, abnormalities of the thyroid and esophagus to nursing care.
- Relate the indications for tracheostomy to nursing care of the tracheostomy patient.

#111c 10:15–11:15am **Otology** 407 ABCD
Deena Hollingsworth APRN, CORLN

Learning Outcomes:

- Relate the normal anatomy and physiology of the ear to etiology, symptomatology, evaluation, and management of various otologic problems.
- Compare the three types of temporal bone problems, the evaluation, management, and nursing care.
- Distinguish the evaluation and treatment of various otologic tumors.

#111d 11:15am–12:00pm **Hearing Loss Evaluation and Management** 407 ABCD
Lisa Gagnon, MSN, APRN, CPNP

Learning Outcomes:

- Relate the anatomy and physiology of hearing to the different types of hearing loss.
- Distinguish between the causes of congenital and acquired hearing loss.
- Evaluate the results of an audiogram.

#111e 1:00–2:15 PM **Overview of Cancer and Treatment Modalities** 407 ABCD
Cheryl Brandt, MSN, RN, ACNS-BC, CORLN

Learning Outcomes:

- Summarize biology and cellular biology of cancer, the TNM staging system and grading, differentiation, and survival rates.
- Compare three cancer treatment modalities, the goals, and principles.
- Relate radiotherapy, and chemotherapy side effects to nursing care implications.

#111f 2:15–3:45pm **Head and Neck Cancer** 407 ABCD
Tara DiFabio, MSN, RN, CORLN

Learning Outcomes:

- Detect the most common signs/symptoms and management options for cancer of the hypopharynx and larynx.
- Distinguish common signs and symptoms and management options for cancers of the esophagus, salivary glands, and thyroid.
- Examine the incidence, diagnosis, and treatment options for common skin cancers of the head and neck.

Continued on next page





Congress Program

[View the Full Agenda Online](#)

Friday, September 29, 2023 | Comprehensive ORL and Head-Neck Nursing Course

#111g 4:00–5:30pm

Pediatric Otolaryngology

Wendy Mackey, DNP, APRN-BC, CORLN

407 ABCD

Learning Outcomes:

- Illustrate the etiology, symptoms, and management of common otolaryngologic conditions in children.
- Compare etiology, surgical management, and nursing interventions for congenital craniofacial anomalies.
- Differentiate the etiology, symptoms, and management of common congenital and acquired pediatric airway abnormalities.

Saturday, September 30, 2023 | Congress Day 1

8:00–8:45am

First Timers Orientation

Amy Ashburn, DNP, FNP-BC, CORLN – SOHN Congress Planning Co-Chair

Auditorium RLH 214

Course Description:

This presentation provides a snapshot review of the SOHN Congress proceedings including information about the Special Interest Groups (SIGs), Committee meetings and who can join them, important activities to plan on attending, ticketed events available to registrants who may wish to purchase them, invitation to apply for scholarships and research grants, ENT- NF Lectureships, Chapter information, networking opportunities, and contact hour requirements (online evaluation process, availability to view additional presentations virtually after the on- site event). This orientation also affords SOHN Congress First Timers the opportunity to meet several Committee Chairs, elected SOHN Board of Directors and Officers, and other SOHN Leaders. An absolute must attend session for registrants new to the SOHN Congress experience to learn what SOHN Congress, the ENT- NF Foundation, and the Society is all about!

8:45–9:45am

Nursing Practice/Research Committee

Terri Giordano DNP, CORLN

411 ABCD

Course Description:

Open to all attendees who have an interest or curiosity in Nursing Practice/ Research.

8:45–9:45am

Health Policy and Advocacy Committee

Bryan Facione, MSN, ACNP-BC, CORLN; Suzanne Beshore, BSN, RN, CORLN (E)

412 ABCD

Course Description:

Open to all attendees who are interested in learning more about Health Policy and Advocacy activities for our patients.

8:45–9:45am

National Membership Enhancement Committee

Troy DeRose, CRNP, RNFA, CORLN, ANCC-C, B-FNP, B-ACGNP

306 AB

Course Description:

A working Committee limited to invited or appointed members.

8:45–9:45am

SIG Facilitator Meeting Committee

Regina Kahnert, APRN, CNP

415 ABCD

Course Description:

A working meeting limited to the Special Interest Group (SIG) Facilitator and SIG Leaders.

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Congress Program

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Saturday, September 30, 2023 | Educational Sessions Track 1

#210 9:50–10:50am **Office-based Tympanostomy Tubes for Children** Auditorium RLH 214
Nathan Page, MD, FAAP

Learning Outcomes:

- Investigate standard practice for management of acute otitis media.
- Recognize indications for and contraindications to in-office tympanostomy tube placement.
- Relate history and benefits of tympanostomy.

Course Description:

- Discussion of diagnosis and management of acute otitis media.
- Review of history and current practice of tympanostomy.
- Detailed description and video demonstration of newly described procedure and devices with review of current experience and literature.

#220 11:45am–1:00pm **Sandra Schwartz Lectureship Keynote Address** Auditorium RLH 214
Innovation: Propelling Nursing Forward
Oriana Beaudet DNP, RN, PHN

Learning Outcomes:

- Develop broader clarity around factors impacting the healthcare landscape.
- Identify how creativity, design, innovation, and foresight can transform the nursing profession and healthcare.

Course Description:

This lively in person keynote is created to spark the spirits and imaginations of the nurses in attendance!

1:00–2:00pm **Vendor Presentation (Lunch & Learn)** 415 ABCD
Sponsored by Medtronic

#230 2:05–3:05pm **Don't Be Afraid... Exploring Quality Improvement and Research** Auditorium RLH 214
Terri Giordano, DNP, CORLN

Learning Outcomes:

- Examine quality improvement framework and QI tools.
- Compare different research strategies.
- Assemble ideas for nursing QI and research projects.

Course Description:

This presentation will review quality improvement frameworks, the differences in qualitative and quantitative research and using evidence-based practice.

#240 3:10–4:10pm **Proton Therapy for Head-Neck Cancer: Facts and Controversies** Auditorium RLH 214
Robert Foote, MD, FACR, FASTRO

Learning Outcomes:

- Demonstrate the relationship between radiation dose and probability of tumor control and adverse events.
- Compare and contrast the physical properties of x-rays and protons.
- Compare the clinical outcomes of conventional x-ray radiotherapy and proton radiotherapy for the treatment of patients with head and neck cancer.

Course Description:

This presentation will describe the relationship between radiation dose, cancer eradication, and adverse events. The physical properties of x-rays and protons will be compared. The clinical outcomes for patients with head and neck cancer treated with x-rays and protons will be compared.

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Saturday, September 30, 2023 | Educational Sessions Track 2

#211 9:50–10:50am **Evaluation and Management of Obstructive Salivary Gland Disorders with Emphasis on Sialendoscopy** Christopher Rassekh, MD 407 ABCD

Learning Outcomes:

- Examine the causes of inflammatory salivary conditions and distinguish acute from chronic.
- Investigate the indications for sialendoscopy and the surgical techniques used for different conditions including both exclusive endoscopic as well as hybrid approaches.

Course Description:

This presentation will focus on the history of salivary duct obstruction and the methods used to diagnose and treat the problem and the innovative interventions that have improved the management of sialadenitis, sialolithiasis, and traumatic salivary changes.

#231 2:05–3:05pm **Opioid Stewardship in Otorhinolaryngology: Keeping the Lock on Pandora's Box** Michael Brenner, MD, FACS; Allison Paisley, MSN, CRNP 407 ABCD

Learning Outcomes:

- Examine the current state of the opioid crisis and the role of nurses and other health professionals in ensuring safe compassionate care.
- Appraise the specific recommendations around use of opioid and non-opioid medications for pain, with attention to typical dosing regimens and role for assessing response to treatment and minimizing risk of opioid use disorder.

Course Description:

This course will review the rudiments of evidence-based management of pain, drawing on insights from the AAO-HNS Clinical Practice Guideline on opioid prescribing for common procedures and the recently updated CDC guideline. It will cover counseling for expected pain, modifying factors that may influence experience of pain after surgery, risk factors for opioid use disorder, shared decision making, role for multimodal pain management and nonopioid analgesia, best practices for opioid prescribing, obtaining patient feedback, cessation of pain medications, storage and disposal of opioids, and assessment of pain control with opioids and verification of return to baseline care.

#241 3:10–4:10pm **All Tied Up: Understanding Tongue and Lip Ties** Kate Baylor Bartholomay, MSN, FNP-BC, CORLN 407 ABCD

Learning Outcomes:

- Illustrate the clinical history and physical findings consistent with tethered oral tissue.
- Demonstrate knowledge of how ankyloglossia can impact infant feeding.
- Examine the current guidelines and recommendations for releasing a tethered frenulum.
- Recommend areas of future research.

Course Description:

This presentation will summarize the current state of understanding of tethered oral tissue and its impact on feeding, review the literature related to tongue and lip ties and their release, and discuss indications and techniques for performing frenectomies.

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Congress Program

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Saturday, September 30, 2023 | SIG Meetings

A cohort of nurses who practice in ORL-HN Nursing sub-specialties gather at the annual Congress and Educational Symposium to discuss innovations in the sub-specialty, work on issues that is common to most, and plan for increased nursing involvement in future sub-specialty improvement/expansion and involvement.

Learning Outcomes:

- Discover the similarities and differences in nursing across the globe with the intention to enhance care for all.
- Explore nursing's role/ impact in the sub- specialty.

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|-------------|-------------|---|--------------------|
| 250a | 4:20-5:20pm | Advanced Practice Special Interest Group Regina Kahnert, APRN, CNP | Auditorium RLH 214 |
| 250b | 4:20-5:20pm | Federal/Military Special Interest Group Bryan Facione, MS, ACNP-BC, CORLN | 306 AB |
| 250c | 4:20-5:20pm | Plastics and Reconstruction Special Interest Group Allegra Jackson, BSN, RN, CORLN, CNOR, RDH | 411 ABCD |
| 250d | 4:20-5:20pm | Head and Neck Special Interest Group Kristy Sands, PhD, RN; Kathryn Lidard, MSN, CRNP, AGACNP-BC | 407 ABCD |
| 250e | 4:20-5:20pm | Office-Based Practice Special Interest Group Lisa Lever, BSN, RN, CORLN | 412 |
| 251a | 5:25-6:25pm | Pediatrics Special Interest Group Jana Bradley, CRNP; Jennifer Spellman, MSN, RN, PPCNP-BC, CORLN | Auditorium RLH 214 |
| 251b | 5:25-6:25pm | Gerontology Special Interest Group Cristie Roush, DNP, GNP-BC, CORLN | 306 AB |
| 251c | 5:25-6:25pm | Allergy and Sinus Special Interest Group Sharon Jamison, VR-RN, BSN, CORLN (E) | 411 ABCD |
| 251d | 5:25-6:25pm | Otology Special Interest Group Kristine Estheimer, BSN, RN, CORLN | 415 ABCD |
| 251e | 5:25-6:25pm | Perioperative Special Interest Group Jose Elias, BSN, RN, CORLN | 419 ABCD |

Sunday, October 1, 2023 | Educational Sessions Track 1

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|-------------|--------------|--|--------------------|
| #310 | 9:00-10:00am | Osseointegrated Hearing Implants Pedrom C. Sioshansi, MD | Auditorium RLH 214 |
|-------------|--------------|--|--------------------|

Learning Outcomes:

- Investigate the principles and history of Osseointegrated hearing implants.
- Interpret current indications for bone anchored hearing aids.
- Examine the surgical procedure in brief.
- Implement routine postoperative care and management of postoperative complications.

Course Description:

This presentation will introduce Osseointegrated hearing implants, review the indications for their use, briefly describe the surgical procedure and their postoperative management.

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Congress Program

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Sunday, October 1, 2023 | Educational Sessions Track 1

#320 10:05–11:05am **Evolution of Oropharyngeal Squamous Cell Carcinoma Management: The Case for TORS** Auditorium RLH 214
Thomas Gessert, MD

Learning Outcomes:

- Discuss epidemiologic trends in oropharyngeal SCCa (OPSCCa) over the past 30 years and differentiate HPV-associated OPSCCa from non-HPV-associated OPSCCa.
- Identify current treatment options available for OPSCCa and discuss knowledge gaps in comparing surgical and non-surgical treatments.

Course Description:

The lecture will provide a brief overview of the history of oropharyngeal squamous cell carcinoma epidemiology and historical management and will detail the emergence of HPV-associated disease. We will discuss the introduction and dissemination of trans-oral robotic surgery (TORS) as a viable treatment option for oropharyngeal SCCa and review literature comparing oncologic and functional outcomes for TORS and non-operative treatment approaches.

#330 11:10am–12:10pm **Trends in Non-Surgical Facial Rejuvenation** Auditorium RLH 214
Erin Ross, DNP, APRN, CNP, CORLN, FAANP

Learning Outcomes:

- Compare the types of medical grade skin care and the effects of products on the skin.
- Highlight benefits of micro needling and PDO threads.
- Examine types of lasers used in identify types of lasers used and discuss the uses of broadband light, US, and RF in facial rejuvenation.
- Investigate available dermal fillers/ injectables/ fat dissolving medications.
- Identify potential complications and when to refer to plastic surgery.

Course Description:

This presentation will provide an opportunity of engagement, education, and discussion to serve as a foundation for participants to gain knowledge in the field of aesthetics and current trends of non-surgical aesthetic facial rejuvenation.

#340 1:15–2:15pm **Promoting Resiliency and Combating Burnout in ORL Nurses** Auditorium RLH 214
Laurie Newton DNP, RN, CPNP-AC, PC

Learning Outcomes:

- Define burnout and resiliency and describe recent findings related to burnout in nursing from the literature.
- Describe findings from a burnout assessment at the presenter's organization along with key recommendations that can be replicated at other institutions.
- Discuss second victim phenomenon in health care and effective strategies to manage this.
- Learn key strategies to promote wellness and self-care to prevent burnout, sharing best practices among participants and engage in an interactive discussion on wellness, self-care, resiliency, and burnout.

Course Description:

This course will include a review of the recent literature on burnout in nursing and advanced practice providers, particularly highlighting factors that have led to increased burnout in nursing. We will briefly discuss second victim phenomenon and its influence on burnout in nursing. We will explore results from a burnout survey done at my institution and apply some of these insights and recommendations and how they can apply to other organizations. The course will also describe ways that ORL nurses can promote wellness, self-care and resiliency, with the goal of achieving work-life balance and retaining nurses in the field in the long term. Lastly, we will have time for interaction in small groups to discuss burnout and steps that organizations are taking; we will share best practices with the larger group at the conclusion of this presentation.

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Sunday, October 1, 2023 | Educational Sessions Track 1

#350 2:20–3:20pm **Mucositis: More Than Just Mouth Sores**
Barbara Murphy, MD

Auditorium RLH 214

Learning Outcomes:

- Identify the local acute and late toxicities of treatment.
- Examine the psychosocial impacts of mucositis.

Course Description:

This 60-minute lecture will provide a brief conceptual framework of the acute and late toxicities associated with head and neck cancer treatment. This will be followed by a more detailed discussion of the acute/chronic local and acute/chronic systemic toxicities.

#360 3:40–4:40pm **Health Policy & Advocacy Lecture:
Nursing Advocacy: How to be a Change Agent**
Garrett Johnson

Auditorium RLH 214

Learning Outcomes:

- Examine the nursing profession's role in legislative and government advocacy.
- Discuss best practices and advocacy essentials needed to become a more effective advocate.

Course Description:

The primary objective of the presentation will be to inform attendees on how to become better advocates for nursing issues with policymakers and legislators through best practices and advocacy essentials. Included in the discussion will be an overview of hot button issues that are currently impacting the profession.

#370 4:45–5:45pm **Vocal Hygiene: What Sounds Good vs. What is
Sound Advice**
Kenneth C Fletcher, MD; Emily Wishik, MS, CCC-SLP

Auditorium RLH 214

Learning Outcomes:

- Assess need for vocal hygiene counseling in individuals with voice problems.
- Distinguish nuances and aspects of evaluating the voice from a power, closure, and vibratory status.
- Examine what lozenges, sprays and homeopathic remedies do for the voice.
- Appraise the unique challenges for managing singers and other professional voice users.

Course Description:

This course presents current literature regarding how hydration, voice conservation, and introduction of irritants affect the larynx and overall vocal function.

Sunday, October 1, 2023 | Educational Sessions Track 2

#311 9:00–10:00am **Navigating Difficult Airway Challenges in Otolaryngology Head and
Neck Practice**
Michael Brenner, MD, FACS; Elizabeth Gould, MSN, FNP-C, CORLN;
Minka Schofield, MD; William Tierney, MD, MS;
Vinciya Pandian PhD, MBA, MSN, RN, ACNP-BC, FAAN, FAANP, FRCSI

407 ABCD

Learning Outcomes:

- Investigate the Upper Airway Landscape.
- Master Advanced Airway Techniques.
- Tailor Strategies for Challenging Intubations.

Course Description:

A panel discussion of the anatomy/physiology of the upper airway and the anomalies and disorders that may pose airway management and intervention challenges.

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Sunday, October 1, 2023 | Educational Sessions Track 2

#321 10:05–11:05am **Head and Neck Endocrine Surgery** 407 ABCD
David Goldenberg, MD; Erin Sarsfield, MSN, RN

Learning Outcomes:

- Illustrate the surgical approach to thyroid and parathyroid disease.
- Integrate nursing considerations for patients undergoing surgical treatment of thyroid and parathyroid disease.
- Examine case studies of thyroid and parathyroid patients.

Course Description:

This presentation will review the surgical management of thyroid and parathyroid disease, short- and long-term complications from these surgeries, molecular testing of thyroid cytopathology, imaging utilized for diagnosis of parathyroid disease, and nursing considerations for these patients.

#331 11:10am–12:10pm **Otalgia: A Systematic Approach to Evaluation and Management of Otologic and Non-Otologic Etiologies** 407 ABCD
Jason Brant MD, FACS; Melissa Attanasio, MSN, CRNP, AGPCNP-BC

Learning Outcomes:

- Distinguish primary (otologic) and secondary (non-otologic) causes of otalgia.
- Interpret Clinical Evaluation and diagnostic considerations.

Course Description:

This presentation will review primary and secondary causes of otalgia and diagnostic considerations. The authors will provide a systematic approach to clinically evaluate patients presenting with otalgia. The authors will review nursing interventions and management.

12:10–1:15pm **CORLN Luncheon** 415 ABCD
Ticketed Event

#341 1:15–2:15pm **Airborne Hazards and Burn Pit Exposure in the Military** 407 ABCD
Bryan Facione, MS, ACNP-BC, CORLN

Learning Outcomes:

- Examine airborne hazards encountered by deployed military service members.
- Appraise current literature on negative health effects associated with airborne hazard exposure.
- Outline current research.

Course Description:

Risks to airborne hazards during military deployment to Southeast Asia will be described. A review of the literature will be conducted on negative health outcomes associated with exposure to airborne hazards, and current research studies will be highlighted along with the distribution of resources for both health care providers and patients.

#351 2:20–3:20pm **Navigating Research and Quality Improvement in a Clinical Setting: A Panel Discussion** 407 ABCD
Marci Nilsen, PhD, RN; Wendy Mackey, DNP, APRN-BC, CORLN;
Tiffany M. Ellis, DNP, ANP-C, CORLN

Learning Outcomes:

- Identify strategies for successfully implementing a research or quality improvement project in the clinical setting.
- Distinguish strategies to promote a collaborative research culture within academic and clinical settings.
- Describe the current state of SOHN membership involvement with research and quality improvement.

Course Description:

Discussion of Vestibular Schwannoma and screening options. Results of recent retrospective quality improvement project evaluating the effects of implementing an audiometric protocol in a veteran population will be reviewed.

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Sunday, October 1, 2023 | Educational Sessions Track 2

#371 4:45–5:45pm **Starting an Advance Practice Provider Fellowship Program in General Otolaryngology-Head and Neck Surgery: The Vanderbilt Experience** 407 ABCD
Filipina Cevallos Schnabel, MD, DNP, MPH, APRN

Learning Outcomes:

- Discuss the VUMC O-HNS experience in developing the general O-HNS APP fellowship program.
- Examine the VUMC O-HNS APP curriculum.

Course Description:

This presentation will describe the steps on how the VUMC Department of O-HNS developed the General O-HNS APP Fellowship program and its curriculum.

Sunday, October 1, 2023 | Educational Sessions Track 3

#312 9:00–10:00am **10 Steps to Maximize Your Professional Potential** 411 ABCD
Maria Colandrea, DNP, NP-BC, CORLN, FFMRCIS, FAANP

Learning Outcomes:

- Investigate how to take a proactive role in shaping one's professional development.
- Identify key strategies to optimize professional development and implement them into practice.

Course Description:

Define professional development, educate RNs as to how they can positively shape their own professional development and growth. Define professional development, educate RNs as to how they can positively shape their own professional development and growth.

#322 10:05–11:05am **Pediatric Rapid-Fire Session** 411 ABCD
Kristin Magner, APNP, CPNP, AC/PC; Laurie Newton, DNP, RN, CPNP-AC, PC;
Amy Ashburn, DNP, FNP-BC, CORLN; Stephanie Lesser, DNP, CPNP

Pediatric Surgical Tracheostomy: A Case Study:**Learning Outcomes:**

- Identify Post-op Tracheostomy tube risks after placement in pediatric patient.

Course Description:

Understand Post-op Tracheostomy Tube Surgical Complications.

Pediatric Rapid Fire Case Study: 8-year-old male with left eye swelling:**Learning Outcomes:**

- Examine complications of acute rhinosinusitis in pediatric patients using a case-based scenario.

Course Description:

This presentation will use a case-based scenario to review complications of acute sinusitis, particularly orbital cellulitis and subperiosteal abscess. It will also address the role of the multidisciplinary team. Evidence based treatment recommendations will be reviewed, and the presentation will close by discussing how this particular patient was managed with implications for the ORL nurse.

Post-operative Facial Swelling Following Adenoidectomy and Turbinate Reduction**Learning Outcomes:**

- Identify and evaluate clinical presentations of children in respiratory distress post-operatively.
- Apply, and discuss literature review to improve patient outcomes.
- Evaluate our patient outcome. Applying this outcome to future patients.

Course Description:

- Review patient presentation, clinical exam, and symptoms of respiratory distress post-operatively
- Discuss outcomes of literature review and treatment options
- Review risks and benefits of treatment plan, applying treatment, and analyzing patient outcomes.

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Sunday, October 1, 2023 | Educational Sessions Track 3

#332 11:10am–12:10pm **Head and Neck Rapid-Fire Session** Kristy Sands, PhD, RN; Marci Nilsen, PhD, RN; Karen Ulmer, MSN, RN, CORLN 411 ABCD

Learning Outcomes:

- Relate the presentation of: Adults with neck masses, Ramsay Hunt and Parotid Cancer, Radiation-induced Thyroid Cancer
- Compare treatment options for: Adults with Neck Masses, Ramsay Hunt and Parotid Cancer, Radiation-induced Thyroid Cancer
- Relate information discussed in case studies through Question-and-Answer period.

Course Description:

Case presentations and disease entity discussions of (3) less commonly seen ORL conditions and/or presentations. Review of less-commonly seen diseases and presentations will assist clinicians in consideration of differential diagnoses and nursing care of patients with uncommon ORL diseases.

#342 1:15–2:15pm **Airway and Swallowing Manifestations of Vascular Rings** Clare Richardson, MD 411 ABCD

Learning Outcomes:

- Describe different types of vascular rings and their otolaryngologic manifestations.
- Assess different methodologies for work-up and treatment of vascular rings and determine potential treatment options.

Course Description:

This will be a clinical educational presentation on vascular rings. This presentation will describe this condition, highlighting the multisystem manifestations, predicted outcomes, and treatments.

#352 2:20–3:20pm **Reducing Caregiver Burden and Improving Outcomes for Children with Tracheostomies Living at Home** Kevin Callans, BSN, RN; Christopher Hartnick, MD; Karen Sepucha, PhD; Rosemary Patel, MSN, CRNP, CORLN 411 ABCD

Learning Outcomes:

- Investigate the burden experienced by caregivers of children with tracheostomies PCORI.
- Identify the team members managing the project for each site.
- Develop coordinated processes/ activity by all sites..
- Examine the role of Parent Partners in PCORI research- Co PIs

Course Description:

We will present a preliminary overview of a five-year project that will include 6 sites across the United States to study caregiver burden in children with tracheostomies.

Monday, October 2, 2023 | Educational Sessions Track 1

#410 9:45–10:45am **Experiences of Sexual and Gender Minority Head and Neck Cancer Survivors** Bethany Rhoten, PhD, RN Auditorium RLH 214

Learning Outcomes:

- Describe the current landscape of sexual and gender minority cancer survivorship.
- Identify at least 3 key findings from OUT: The National Cancer Survey related to HNC survivors.
- Identify at least 3 important clinical implications that can be translated into local practice.
- Describe clinical research needed to fill existing gaps in care.

Course Description:

This session will provide data on sexual and gender minority head and neck cancer survivorship from OUT: The National Cancer Survey.

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Monday, October 2, 2023 | Educational Sessions Track 1

#420 10:50–11:50am **Hearing Happens in the Brain, Not the Ears: Research Updates on Hearing Loss, Hearing Aids, and Dementia** Auditorium RLH 214
Anna Jilla, Au.D, PhD

Learning Outcomes:

- Investigate types of and risk factors for Alzheimer's Disease and Related Dementias.
- Identify barriers and solutions for using cognitive screening tools (e.g., MMSE, MoCA) among populations with hearing loss.
- Distinguish proposed mechanisms and frameworks associating hearing loss and dementia.
- Examine the current state of evidence on the use of hearing aids as an effective intervention for dementia.

Course Description:

In 2017 and 2020, the Lancet Commission on Dementia Prevention, Intervention, and Care identified hearing loss as the largest mid-life modifiable risk factor for dementia. The growing body of evidence associating hearing loss with increased risk for dementia has spurred a flurry of clinical trials seeking to determine whether hearing aid use can modify risk of AD/DR later in life. This session will provide attendees with foundational knowledge on the complex associations between hearing loss and Alzheimer's Disease and Related Dementias (AD/DR). Cognitive screening tools will then be discussed as well as methods for managing validity threats when assessing cognitive status in populations with hearing loss. The session will conclude with a review of the current evidence and ongoing clinical trials assessing hearing aids as a potential treatment in mitigating risk for AD/DR. Information provided in this session seeks to expand clinicians' understanding of the interplay between hearing loss and dementia in order to support evidence-based clinical decision-making and effective counseling on the potential cognitive health risks of untreated hearing loss.

#430 12:45–1:45pm **Cynthia Mabry Otolaryngic Allergy Lectureship
Nasal Sprays and Septal Perforations in the Older Adult** Auditorium RLH 214
Cristie Roush, DNP, GNP-BC, CORLN

Learning Outcomes:

- State 2 possible causes for nasal septal perforations.
- Identify 2 findings which may indicate when intervention for septal perforation may be clinically indicated.
- Demonstrate proper use of intranasal spray.

Course Description:

One of the mainstay treatment paths for allergic rhinitis, nonallergic rhinitis, and other issues related to the nose such as nasal polyps is the use of nasal sprays. A relatively rare side effect of overuse or improper use of nasal sprays is septal perforation. Septal perforation can be an elusive and challenging complication of this relatively simple treatment. It is imperative that otolaryngology nurses are aware of the proper use and administration of nasal steroid sprays and other nasal sprays to properly educate patients for safe home use.

The anterior nasal septum can be easily injured by any chemical, physical, or inflammatory exposure which may result in ischemic necrosis of the septal cartilage. If this is left undetected, it may progress to a perforation. Many nurses may be familiar with reasons for septal perforation such as septal surgery, traumatic injury, use of cocaine, inflammatory processes, infectious processes to name a few; however, septal perforation secondary to improper use of intranasal steroid spray may be less known.

This presentation will discuss septal perforations and the multiple causes of them, possible treatment of septal perforations, and conclude with a demonstration of proper use and education for patients.

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Congress Program

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Monday, October 2, 2023 | Educational Sessions Track 2

#411 9:45–10:45am **Lois Moore Rogers Pediatric Lectureship**
Persistent OSA Following Adenotonsillectomy in the Pediatric Patient, Now What? 407 ABCD
Lisa Gagnon, MSN, APRN, CPNP

Learning Outcomes:

- Outline the diagnosis and scope of the problem of persistent OSA in the pediatric population.
- Compare treatment options for pediatric patients with persistent OSA and relate the research presented to current practice.
- Formulate and implement potential plans of care for patients in case-based scenarios.

Course Description:

This course will review the current research regarding the management and treatment of pediatric patients who have persistent obstructive sleep apnea following adenotonsillectomy. ECS: Management of Pediatric Persistent Obstructive Sleep Apnea After Adenotonsillectomy will be reviewed as part of this lecture with a more in depth look at the research reviewed in the development of this ECS.

#421 10:50–11:50am **Management of Epistaxis in an ENT Practice** 407 ABCD
Sarah H. Taylor, APRN, MSN, FNP; Rakesh Chandra, MD

Learning Outcomes:

- Diagnose etiology and source of nosebleeds (epistaxis).
- Taylor a management plan to the cause/site.

Course Description:

APP and MD will co-present on etiology and management of patients presenting with nose bleeds.

Posters

Quality Improvement

Brianna Manley BSN, RN, CPN

Nationwide Children's Hospital ENT Clinic RN Clinical Leader

Improving ENT Patient Related Experience: Increasing MyChart Medical Advice Requests Addressed within 2 Business Days

Research

Chandler H. Moser, PhD(c), BSN, RN

Johns Hopkins University School of Nursing

Tracheostomy-Related Pressure Injury Risk Factors During the COVID-19 Pandemic

Research

Tiffany Ellis, DNP, ANP-C, CORLN

Durham VAMC

The Impact of Implementing an Audiometric Protocol in a Veteran Population

Research

Chandler H. Moser, PhD(c), BSN, RN

Johns Hopkins University School of Nursing

Effects of an Educational Program on Improving Tracheostomy Tube Change Competency Among Nursing Students

Research

Chandler H. Moser, PhD(c), BSN, RN

Johns Hopkins University School of Nursing

Airway-related Mortality: A Literature Review and Concept Analysis

Speaker Bios



Amy Ashburn DNP, FNP-BC, CORLN

Amy is the lead advanced practice provider for the division of otolaryngology-head & neck surgery at Phoenix Children's Hospital. She has been practicing as a nurse practitioner in pediatric otolaryngology-head & neck surgery since 2010. She earned her DNP in 2021.

Melissa Attanasio, CRNP

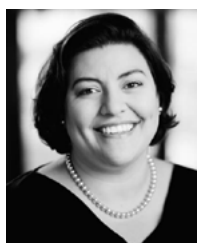
Melissa Attanasio, CRNP is an otorhinolaryngology nurse practitioner at the Hospital of the University of Pennsylvania. She has clinical expertise in comprehensive otorhinolaryngology with a focus in otology. Melissa is also an adjunct faculty member at the University of Pennsylvania School of Nursing.

She completed her Bachelor of Science in nursing at Villanova University and completed her Master of Science in nursing at the University of Pennsylvania.



Kate Baylor Bartholomay, MSN, FNP-BC, CORLN

Kate Baylor Bartholomay, MSN, FNP-BC, CORLN is a board-certified Family Nurse Practitioner and has earned specialty certification as a Certified Otorhinolaryngology and Head-Neck Nurse. Kate received her Bachelor of Science in Nursing from the University of Virginia and her Master of Science in Nursing from the University of North Carolina at Chapel Hill. For the past 17 years, she has been practicing in an outpatient sub-specialty otolaryngology practice in Fairfax, Virginia. She has a particular interest in pediatric ENT conditions and has become a regional expert in the field of infant tongue and lip ties.



Oriana Beaudet, DNP, RN, PHN

Oriana Beaudet is the Vice President Innovation for the American Nurses Association Enterprise. The ANA Enterprise includes the American Nurses Association, American Nurses Credentialing Center, and the American Nurses Foundation. Prior to ANA, Dr. Beaudet ran her own business as a strategic partner for organizations, healthcare executives, and startups.

Her last position as the Vice President of Transformation for a national healthcare design firm she focused on strategy and business development for national health systems around operational and business innovations; simulation modeling and technology; design of the built space, and care delivery design. She currently sits on

the American Association of Colleges of Pharmacy – Expert Advisory Council for Transformation and the Governing Directors Board for the Alliance for Nursing Informatics. Dr. Beaudet completed her doctorate in nursing practice in Health Innovation Leadership with an emphasis in Design from the University of Minnesota School of Nursing.

According to Oriana, “The ANA Enterprise organizations have created a bedrock for nursing practice across the United States. The nursing profession has a rich history of inventing solutions for patient needs and by redefining and reimagining the future role of nurses and nursing – and it all starts with the work we lead today.”

Cheryl A. Brandt, MSN, RN, ACNS-BC, CORLN

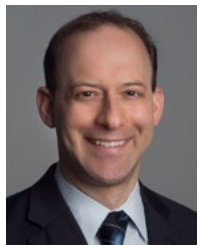
I'm a Clinical Nurse Specialist at University Hospitals Cleveland Medical Center. I've work with ENT patients for 32 years both at the bedside and outpatient areas. I've presented locally and nationally, as well as published in the SOHN journal, contributing author in the 3rd edition of SOHN Core Curriculum, and co-authored a chapter for the Oncology Nursing Society Site Specific Cancer Series text on Head and Neck Cancer. I've served as a member of the SOHN Board and currently am serving on the NCBOHN Board. In my spare time, I enjoy spending time with family, playing flute and piccolo in a community band and for church services, embroidery work, and taking my 2 dogs Dock Diving and for walks in the park.

Jason A. Brant, MD, FACS

Jason A. Brant, MD is a board certified otologist/neurotologist and Assistant Professor at the University of Pennsylvania. He has clinical expertise in the medical and surgical treatment of diseases of the ear and lateral skull base, including hearing loss, cholesteatoma, vertigo, glomus tumors, and vestibular schwannoma.

Dr. Brant is the Medical Director of the cochlear implant program at the Corporal Michael J. Crescenz VA Medical Center. He has numerous peer reviewed publications and is leading a translational research program for implantable hearing devices between the University of Pennsylvania and the Center for Neurotrauma, Neurodegeneration and Restoration at the Philadelphia VAMC. He completed his medical degree at Washington University in St. Louis, and his residency and fellowship at the Hospital of the University of Pennsylvania.

Speaker Bios



Michael J. Brenner, MD, FACS

Michael J. Brenner, M.D., F.A.C.S., Associate Professor of Otolaryngology – Head & Neck Surgery, is Co-Director of Branch Science at University of Michigan Medical School. A clinician-scientist with board certification in otolaryngology, sleep medicine, and facial plastic & reconstructive surgery, he has a longstanding interest in interprofessional practice and is a passionate advocate for SOHN and partnership across perioperative care, difficult airway management, and all other aspects of otorhinolaryngology care. He chairs the Outcomes Research & Evidence-Based Medicine Committee and Centralized Otolaryngology Research Efforts of the American Academy of Otolaryngology Head & Neck Surgery and is a past Scholar of the American College of Surgeons. He is a current Research Innovation Scholarship and Education (RISE) Fellow. He also serves

as President of the Global Tracheostomy Collaborative, whose learning community spans over 200 institutions across over 25 countries. He has lectured internationally and mentored dozens of interprofessional learners at doctoral and postgraduate level in Nursing, Medicine, Surgery, and Speech Language Pathology. Dr. Brenner's research program has garnered NIH funding, foundation grants, and resulted in over 200 publications. He is particularly passionate about growing future leaders who embrace well-being and empowering healthcare professionals.



Lynn Marie Bullock, DNP, MS, RN, NEA-BC

Lynn Marie Bullock is an Assistant Professor and the Director of the Office of Professional Education at the University of Maryland School of Nursing. Dr. Bullock has an extensive background in nursing education and executive leadership. She currently teaches in the DNP Project Courses. As director of OPE, she oversees the School's professional education and continuing education offerings, including symposia, conferences, institutes, lectures, and online continuing education courses. The office also offers Interprofessional continuing education programs in collaboration with other University of Maryland, Baltimore schools. UMSON is accredited with distinction as a provider of nursing continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

Dr. Bullock has over 30 years' nursing experience including 20 years in leadership positions. Prior to joining the University of Maryland School of Nursing, Dr. Bullock held a director role at Greater Baltimore Medical Center. Her responsibilities included managing multiple departments and Nursing Practice. During in time at GBMC she was able to implement a Simulation Center and a Nurse Residency Program Accredited with Distinction from ANCC.



Tara DiFabio, MSN, RN, CORLN

Tara DiFabio is a Certified Registered Nurse Practitioner in both PA and NJ with 26 years of experience in Head and Neck Oncology from Thomas Jefferson University, Department of Otolaryngology – Head and Neck Surgery.

Tara received both her Bachelors of Science and Masters of Science in Nursing from Thomas Jefferson University in Philadelphia, PA. She has been an active member of The Society of Otolaryngology – Head and Neck Nurses for over 20 years where she served as Board of Directors, Education Committee Co-Chair, Head and Neck Special Interest Group Leader, and faculty for the Head and Neck Cancer portion of

the Comprehensive Certified Otorhinolaryngology Review Course. She has been published in the Ear Nose Throat Journal for Prevalence of Complementary and Alternative Medicine Use Among a Population of Head and Neck Cancer Patients: A Survey-Based Study, and as co-author in the Second Edition Site-Specific Cancer Series: Head and Neck Cancer; Oncology Nursing Society for Postoperative Management of the Head and Neck Surgical Patient. She has also participated in two surgical mission trips to Bonne Finne, Haiti with the CHANCE (Complex Head and Neck Care and Education) Team.

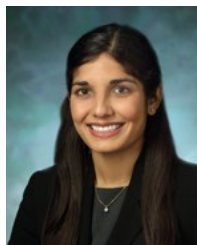


Tiffany Ellis, DNP, ANP-C, CORLN

Tiffany Ellis recently completed a post-masters doctorate from the University of North Carolina at Greensboro, and graduated with her master's in 2012 from Daemen College in Amherst, NY. She has been in the nursing field for more than 20 years in a variety of roles. She is currently employed in the otolaryngology department at the Durham VA Medical Center in Durham, NC. She serves as a co-chair of the Research Committee for SOHN.



Speaker Bios



Mana Espahbodi, MD

Mana Espahbodi, MD is a second year neurotology fellow at the University of Utah. She completed her residency in Otolaryngology - Head and Neck Surgery at the Medical College of Wisconsin in 2021 and a fellowship in Pediatric Otolaryngology at Johns Hopkins Medicine in 2022. She is a graduate of Vanderbilt University School of Medicine. Her undergraduate degree is from the University of Notre Dame.



Kris Estheimer, BSN RN CORLN

Kris has been a nurse for 28 years, 22 of those years have been in Otolaryngology. She currently works as a Nurse Manager at the University of Utah Otolaryngology Ambulatory Clinic. Prior to becoming the nurse manager, she worked as the clinical nurse where she developed the nurse triage system currently in use. While she is familiar with all aspects of Otolaryngology, Otology is her favorite clinical area. She has served as President, Vice President, Secretary and Treasurer of the Salt Lake City Chapter of SOHN and currently is serving as the Otology SIG leader for SOHN. She is married and has 3 children and 6 grandchildren.



Bryan Facione, MS, ACNP-BC, CORLN

Bryan Facione graduated with a BSN from Michigan State University in 2000 and worked as a registered nurse in cardiology and critical care in the surgical and cardiac care setting. He received his Masters in Science with a specialization in medical surgical nursing in adult acute care from the University of Michigan in 2009. He has worked in the ambulatory care ENT clinic at the Ann Arbor Veterans Affairs (VA) Hospital since 2010 and cares for general otorhinolaryngology and head and neck patients. He has been a member of SOHN over the past 11 years and is an active member. He also serves in leadership roles for Advance Practice Registered Nurses at the local, regional, and national level within the VA.



Kenneth C Fletcher, MD

Dr. Kenneth Fletcher is a fellowship trained laryngologist and is currently an Assistant Clinical Professor at the Vanderbilt Voice Center. He is also the Co-fellowship director for the program. He completed his fellowship training in laryngology and care of the professional voice at Vanderbilt after finishing his residency in otolaryngology head and neck surgery at the University of Virginia. Following his fellowship, he spent 7 years as a Clinical Instructor in the Johns Hopkins Department of Otolaryngology Head and Neck Surgery and served as Head of the Division of Laryngology at the Greater Baltimore Medical Center. During this time he helped to grow the Johns Hopkins Voice Center at GBMC as one of its first two fellowship-trained laryngologists. He returned to Vanderbilt in 2018 to become more active in the teaching and training of residents and fellows. His practice

focuses on all things laryngology with a particular interest in care of the professional voice.



Robert L. Foote, MD, FACR, FASTRO

Academic and Professional Appointments:

1984 Graduated from University of Utah School of Medicine; 1985 Completed Internship LDS Hospital, Salt Lake City, Utah; 1988 Completed Radiation Oncology Residency, Mayo Clinic School of Graduate Medical Education; 1988 Mayo Foundation Scholar, University of Florida, Gainesville, Florida; 1999 Professor of Radiation Oncology, Mayo Clinic College of Medicine and Science; 2009 Chair, Department of Radiation Oncology, Mayo Clinic, Rochester, Minnesota; 2011 Chair, Mayo Clinic Enterprise Radiation Oncology Specialty Council; 2017 Chair, Mayo Clinic Cancer Center, Rochester Cancer Coordinating Committee

Honors and Awards:

1987 American Cancer Society Clinical Fellowship; 2008 Fellow, American College of Radiology; 2010 Fellow, American Society for Therapeutic Radiology and Oncology; 2012 Distinguished Service Award, American Board of Radiology; 2016 Mayo Clinic Distinguished Clinician Award; 2016 Mayo Clinic Excellence in Leadership; 2018 Hitachi Professor of Radiation Oncology Research



Tom Gessert, MD

Tom Gessert is originally from Oconomowoc, Wisconsin. He studied Biomedical Sciences at Marquette University and completed his medical education at the University of Wisconsin School of Medicine and Public Health. He completed his Otolaryngology-Head & Neck Surgery residency training at the University of Wisconsin Hospital and went on to a Head and Neck Microvascular Surgery Fellowship at the University of Kansas. He currently works as a head and neck surgeon at Gundersen Lutheran Medical Center in LaCrosse, WI with a focus on head and neck oncologic surgery, free tissue transfer reconstruction, and trans oral robotic surgery (TORS).

Speaker Bios



Terri Giordano DNP, CORLN

Terri is the Clinical Outcomes Research Administrator in the Division of Otolaryngology at Children's Hospital of Philadelphia. She has been the PI or co-investigator on multiple research studies and team leader on quality improvement projects. Terri has been an active member in SOHN serving on the nominating committee, Peds SIG leader, board of directors and is current the chair of the research and practice committee.



Elizabeth Gould, FNP-C, MSN, CORLN

Elizabeth Gould is a distinguished Clinical Nurse Specialist specializing in Ear, Nose, and Throat (ENT) care and tracheostomy management, with expertise in head and neck cancer, tracheostomies, and laryngectomies. She holds an MS in Nursing Family Nurse Practitioner, and her notable contributions encompass advancing patient care through complex tracheostomy management. An active member of the Society of Head and Neck Nursing, Elizabeth is also deeply committed to educating patients and healthcare staff, evidenced by her development of educational resources and regular classes. Her dedication to research and unwavering passion for enhancing patient outcomes and healthcare professional skills make her an invaluable asset in the ENT and tracheostomy care field.



Deena B Hollingsworth, MSN, APRN, FNP-BC, CORLN

Deena has been a member of SOHN for the past 17 years serving in various leadership positions including President in 2016-17. She has presented multiple sections of the Review course over the years but her first love is otology. She is the primary Editor of the recently published 3rd Edition of the Core Curriculum. She has recently retired after 50 years of Nursing Practice.



Anna M. Jilla, Au.D., PhD

Dr. Anna Jilla is currently the Jo Mayo Endowed Research Chair and Assistant Professor of Audiology in the Department of Speech and Hearing Sciences at Lamar University in Beaumont, Texas. She completed her graduate studies at the University of Oklahoma Health Sciences Center and her post-doctoral fellowship in Johns Hopkins University's Bloomberg School of Public Health.

Dr. Jilla's academic, clinical, and research interests are in payer policy, public health, and health economics. She currently serves as the Chair of the Coding and Reimbursement Committee and Member of the Over-the-Counter Hearing Aid Task Force for the American Academy of Audiology. She also serves as the Vice-President of Professional Issues and a member of the Board of Directors of the Texas Academy of Audiology.



Garrett Johnson

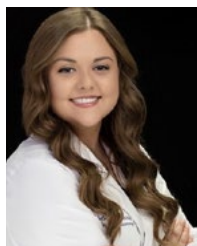
As a seasoned and respected government relations professional, Garrett has built a reputation for hard work and tireless advocacy for his clients, particularly the nursing profession. Having previously worked in both the Legislative and Executive branches of Tennessee state government, as well as the private sector, his work experience affords him a unique perspective. Garrett started his legislative career as a Policy and Research Analyst for former House Majority Leader Gerald McCormick where he forged deep and long-lasting relationships with legislators and legislative staff.

Garrett later transitioned to Governor Bill Haslam's office where he became his Deputy Director for Legislation and managed a network of agency and department liaisons. Prior to creating his own firm last year, Garrett spent four years at The Ingram Group in Nashville, Tennessee where he provided strategic counsel and government relations expertise to a wide collection of clients at the state and local levels.

Garrett and his wife, Ann Claire, are both Tennessee natives and currently reside in Nashville with their one-year-old son, Pierce.



Speaker Bios



Lydia Lewis, BS, PharmD Candidate 2024

Lydia Deason Lewis is a 4th year pharmacy student at Belmont University College of Pharmacy and an inpatient pharmacy intern at Vanderbilt University Medical Center. She obtained a B.S. in Biology at Austin Peay State University in 2020. After pharmacy school, she plans to complete a PGY1 and PGY2 pharmacy residency and become a critical care clinical pharmacist.



Katie Lidard, MSN, CRNP

Katie Lidard, MSN, CRNP is an Adult Gerontology Acute Care Nurse Practitioner with Otolaryngology Head and Neck Surgery at Geisinger Medical Center in Danville, PA. Katie has worked in Otolaryngology for over 3 years with a focus in cancer survivorship and inpatient acute care. She is originally from Annapolis, MD.



Kristin Magner, APNP, CPNP, AC/PC

Kristin K. Magner is a pediatric otolaryngology nurse practitioner affiliated with the Medical College of Wisconsin and Children's Wisconsin. She recently transitioned to pediatric otolaryngology after spending over 20 years in pediatric critical care. She has been involved in multiple research projects leading to local, national and international presentations. She is the first author of two published manuscripts and is the site primary investigator for a multi-institutional research study entitled, "Impact of enteral nutrition on Dexmedetomidine usage in critically ill children requiring non-invasive ventilation". She is also involved with the Milwaukee Collaborative for Resilience and Emotional Wellness Science (Milwaukee CREWS) with the goal of better understanding stress, distress, and the psychological impact in families with hospitalized pediatric patients.

Kristin has contributed to the group's multiple national presentations and is a co-author for several manuscripts currently under peer review. She will be presenting a case study today on surgical tracheostomy in the pediatric population.



Barbara A. Murphy, MD

Dr. Murphy is a medical oncologist who specializes in head and neck cancer as well as in pain and symptom management. She has served as the team leader for the Head and Neck Research Team and the Director of the Pain and Symptom Management Program at the Vanderbilt Ingram Cancer Center. Currently she serves as the Director of Head and Neck Supportive Care. As such, she is working with faculty and staff to develop a comprehensive program of care for head and neck cancer patients from the time of diagnosis through treatment and beyond. Her passion is caring for patients and their family in such a way as to ensure the best possible quality of life.

Dr. Murphy has extensive experience in the development, implementation and management of clinical trials, supportive care studies and grants. She has developed a wide-ranging program of research and a dedicated team of co-investigators examining symptom control issues in head and neck cancer patients. Through this collaborative effort, the following symptom control issues for head and neck cancer patients have been investigated: 1) measurement of symptom burden associated with cancer therapy, 2) swallowing, nutritional and metabolic changes in head and neck cancer patients undergoing chemoradiation, 3) neuropsychiatric issues associated with treatment, 4) lymphedema and fibrosis: measurement and impact, 5) musculoskeletal impairment: impact on function, 6) oral complications of radiation therapy, 8) the late systemic effects of cancer and its therapy, 8) sociobehavioral issues, 9) pain and 10) the use of imaging to assess soft tissue complications of head and neck cancer therapy.

Most recently, Dr. Murphy has worked with collaborators on two sequential R0-1s investigating lymphedema and fibrosis in the head and neck population. This has been seminal work. In addition, over the past five years she has spearheaded and/or facilitated the completion of five randomized intervention trials in head and neck cancer patients including: 1) yoga intervention for head and neck cancer survivors; 2) dynasplint for prevention of trismus during chemoradiation in head and neck cancer patients, 3) gabapentin as prevention of symptoms in head and neck cancer patients undergoing chemoradiation; 4) pilot trial of the tactile device for treatment of lymphedema in head and neck cancer survivors; and 5) testing a program of self-care for HNC patients with lymphedema who have completed therapist guided lymphedema therapy. Collectively, this work has highlighted previously unrecognized gaps in the research and clinical evidence base.

Dr. Murphy's work is considered innovative and has moved the field of head and neck supportive oncology forward. As a result, Dr. Murphy has participated in numerous national and international organizations, grant review committees and conferences. She has also been invited to lecturer and present her work at numerous national and international conferences. She has also participated in the development of supportive care guidelines including those that are critical to head and neck cancer patients.

Dr. Murphy is also committed to mentoring and junior faculty development. She developed the mentoring program for the Division of Hematology and Oncology and is now chair of the Mentoring Council for the Department of Medicine for the Vanderbilt University Medical Center.

Speaker Bios



Laurie Newton, DNP, RN, CPNP-AC, PC

Laurie Newton is a certified pediatric nurse practitioner in acute and primary care and a member of the pediatric otolaryngology division at the Medical College of Wisconsin where she has practiced at Children's Wisconsin since 2006. She was recently promoted to a formal faculty position at the Medical College of Wisconsin. Dr. Newton was recruited to the University of Wisconsin-Madison School of Nursing after completing her Doctorate of Nursing Practice degree and has taught since 2015 as a clinical associate professor.

Dr. Newton has a deep understanding of advanced practice providers' (APPs) needs and challenges through her own practice, teaching, and committee service as chair of the APN Discipline, chair of the Children's Specialty Group (CSG) Professional Development Committee and member of the Advanced Practice Provider (APP) leadership team at Children's Wisconsin. She has been an elected board member for the Society of Ears, Nose, and Throat Advancements in Children (SENTAC), a member of the education committee for the Society of Otolaryngology Head-Neck Nurses (SOHN), and a member of the Association of Postgraduate APRN Programs (APGAP).

In addition to her clinical responsibilities, Dr. Newton is the Assistant Director of APPs with a core responsibility of developing and overseeing the centralized pediatric APP fellowship program at Children's Specialty Group. In addition to development of a centralized pediatric fellowship, during the Covid 19 pandemic her team received grant funding to look at improvement of orientation for new APPs hired into all pediatric specialty practice areas at MCW and CW, particularly looking at the leadership and professionalism needs of novice APPs. As faculty at the University of Wisconsin-Madison, School of Nursing, her scholarly work focuses on innovation in nursing education. Her dual roles as a clinical provider and nurse educator gives her first-hand experience with the needs of novice APPs, helping her to effectively lead development of clinical and professionalism training initiatives for new graduates and APP fellows.



Marci Nilsen, PhD, RN

Dr. Marci Lee Nilsen is an Assistant Professor at the University of Pittsburgh School of Nursing and Medicine. Her research program focuses on improving head and neck cancer patients' quality of life and survival by characterizing and managing co-occurring symptoms and treatment-related effects. Her work has significantly increased our knowledge of the complex and debilitating treatment effects experienced by the burgeoning population of head and neck cancer survivors in the U.S. and globally. Dr. Nilsen's current National Cancer Institute MERIT award focuses on characterizing trajectories of radiation-induced fibrosis, co-occurring treatment effects, and the clinical and biological factors that impact these trajectories. She is a national leader in the development of value-based models of survivorship care, replacing fragmented, less effective

approaches. She is the co-founder and co-director of the UPMC Head and Neck Cancer Survivorship Clinic, whose nationally recognized interprofessional patient-centered program addresses the multidimensional needs of head and neck cancer survivors. In recognition of her outstanding research and clinical practice, Dr. Marci Lee Nilsen has been honored with the prestigious Betty Irene Moore Fellowship for Nurse Leaders and Innovators.

Dr. Nilsen received her BSN, MSN, and PhD from The University of Pittsburgh School of Nursing.



Nathan Page, MD, FAAP

Dr. Page graduated from Brigham Young University with a degree in Linguistics before continuing on to medical school at Washington University School of Medicine in St. Louis. Dr. Page completed otolaryngology – head and neck surgery residency at Washington University School of Medicine/Barnes-Jewish Hospital. Dr. Page then furthered his pediatric training through a pediatric otolaryngology fellowship at Rady Children's Hospital. After several years in private practice, he started the Division of Otolaryngology at Phoenix Children's Hospital in 2017. He is the director of the cochlear implant team at Phoenix Children's Hospital. In 2021, he became the EHDI Chapter Champion for the Arizona chapter of the AAP. Since December 2021, he has been placing ear tubes in children in the office and looks forward to sharing his experience.

Speaker Bios



Vinciya Pandian, PhD, MBA, MSN, ACNP-BC, FCCM, FAAN, FAANP, FFMRC SI

Vinciya Pandian is a globally recognized expert renowned for her outstanding clinical acumen in enhancing the care, safety, and quality of life for critically ill patients. Her research focuses on identifying laryngeal injury post-extubation in the ICU, funded by the National Institute of Nursing Research. She also leads initiatives backed by the Agency for Healthcare Research and Quality (AHRQ), establishing an interprofessional patient safety learning center, the Center for Immersive Learning and Digital Innovation. Dr. Pandian's research extends globally, emphasizing healthcare practices in India and Nigeria. She's dedicated to educating providers on multidisciplinary approaches for critically ill patients. In leadership roles, she's directed the Johns Hopkins Airway Program, served as Associate Director of the Doctor of Nursing Practice-Executive Program, and

currently holds positions including President of the Society of Otorhinolaryngology Head-Neck Nurses. She's also Assistant Dean for Immersive Learning and Digital Innovation at the Johns Hopkins School of Nursing. Dr. Pandian's educational journey includes a Bachelor's in Nursing from Christian Medical College in Vellore, India, and Master's, PhD, and MBA degrees from Johns Hopkins and the University of Baltimore, respectively.



Christine Reger, MSN, CRNP, ANP-BC

Christine Reger is a nurse practitioner in the Department of Otolaryngology: Head and Neck Surgery and a member of the University of Pennsylvania's School of Nursing faculty. Her specialty patient populations include rhinology and allergy/immunology. Christine also participates in research within the department and speaks nationally on the topics of rhinology and allergy.



Bethany Rhoten, PhD, RN, PMHNP-BC

Dr. Bethany Andrews Rhoten is a nurse scientist and psychiatric mental health nurse practitioner whose research broadly focuses on mental health in the context of illness, identity, and lived experience. Her funded studies have explored cancer survivorship, psycho-oncology, psycho-social issues associated with illness, and LGBTQ health. She is also an expert in head and neck cancer-related body image concerns. Dr. Rhoten received her PhD from Vanderbilt University and completed her psychiatric mental health nurse practitioner training at the University of Tennessee at Knoxville.



Clare Richardson, MD

Dr. Clare Richardson is a board certified otolaryngologist with subspecialty training in pediatric otolaryngology. She currently practices in Phoenix, AZ at Phoenix Children's Hospital in the Division of Pediatric Otolaryngology – Head and Neck Surgery. She also has teaching and academic affiliations with Mayo Clinic and the University of Arizona. She completed medical school at Loma Linda University, otolaryngology residency at Case Western Reserve University, and a pediatric otolaryngology fellowship at Seattle Children's Hospital. Following fellowship, she practiced at Seattle Children's Hospital and completed an NIH T32 training grant studying advanced imaging and computational fluid dynamics of the airway. Dr. Richardson's clinical and research interests include endoscopic and open airway surgery, aerodigestive pathology, voice disorders, craniofacial

conditions, vascular anomalies, and tracheostomy management. She also has an interest in 3D printing, simulation, and medical education and serves on the American Academy of Otolaryngology - Head and Neck Surgery Simulation Education Committee and American Society of Pediatric Otolaryngology Education Committee. She has a teaching certificate in medical education from the University of Washington and currently serves as one of the pediatric otolaryngology site directors for the Mayo Clinic Phoenix otolaryngology residency program.



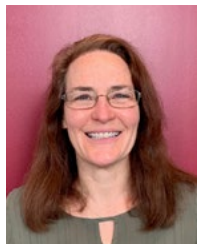
Speaker Bios



Erin J. Ross DNP, APRN, CNP, CORLN, FAANP

Dr. Ross is an Adult Nurse Practitioner. She attended Illinois State University and earned a Bachelorette Degree in Science of Nursing in 1990 and then went onto DePaul University in 1999 to earn a Master's in Advanced Practice Nursing. Dr. Ross attended Case Western Reserve University to earn her Doctor of Nursing Practice in 2013. Dr. Ross advanced her training into Aesthetic Nursing at the American Academy of Facial Aesthetics in 2019. In 2020, Dr. Ross was inducted as a Fellow to both the American Association of Nurse Practitioners and as Ad Eundem of the Faculty of Nursing and Midwifery through the Royal College of Surgeons in Ireland. She is board certified adult nurse practitioner and a certified Otorhinolaryngology-Head & Neck Nurse. Her specialties general otolaryngology and facial aesthetics. She is a practicing aesthetic NP at NEOSkin Medical and an

Otolaryngology NP in the Head and Neck Institute at Cleveland Clinic. She has been an active SOHN member for over 25 years and currently the Communication Director for the Ohio Association Of Advance Practice Nurses.



Cristie Roush, DNP, GNP-BC, CORLN

Cristie Roush, DNP, GNP-BC, CORLN has been a Nurse Practitioner for ENT surgery service for over 23. Dr. Roush has worked at the Ann Arbor VA Healthcare System for 32 years with a majority of that time in the ENT outpatient clinic. Her work allows her the opportunity to treat Veterans as a general ENT provider. She has experience with head-neck cancers, otology disorders, as well as rhinology and sinus diseases.



Katherine Schmitt, BSN, RN

Katie Schmitt is a Clinical Practice Nurse in the Department of Otorhinolaryngology at the Hospital of the University of Pennsylvania in Philadelphia. She completed her Bachelor of Science in Nursing at Penn State University. Katie has 16 years of diverse experience as an RN, including working in Colorectal Surgery, Gynecology Oncology and as a Clinical Instructor. She has spent the last 14 years as a Clinical Practice Nurse working in the Department of Otorhinolaryngology.



Filipina Cevallos Schnabel, MD, DNP, MPH, APRN

Filipina or Pin is both a Doctor of Medicine and a Doctor of Nursing. She was a practicing ENT surgeon and laryngologist in the Philippines for 10 years before she left for the United States. In those 10 years, she was also faculty in the University of Santo Tomas, College of Medicine and Surgery and was teaching ENT, epidemiology and biostatistics, research design, community, and environmental medicine to medical students, ENT residents, and audiology students. Her passion is ENT, education, and writing and would love to do these all over again in the United States. Currently, she is with Pediatric ENT at the Vanderbilt University Medical Center (VUMC) and runs the Tongue Tie and Infant Ear Molding Clinics of which she wrote the practice protocols. She is also the lead director of the General Otolaryngology-Head and Neck Surgery Advanced Practice Provider Fellowship Program of VUMC.



Minka Schofield, MD, FACS

Minka Schofield, MD, MPH, FAAOA, FACS is a Professor, Director of the General Otolaryngology Division, Medical Director of Surgical Operations and Quality, and Vice Chair of DEI in the Department of Otolaryngology-Head and Neck Surgery at the The Ohio State University Wexner Medical Center. She is Board Certified in Otolaryngology-Head and Neck Surgery and is a fellow of The American Academy of Otolaryngic Allergy. Her servitude to the AAO-HNS has been demonstrated by her contributions on various committees including the General Otolaryngology Education Committee, the Women in Otolaryngology Programs Committee, and the Annual Meeting Program Advisory Committee. She is a member of the WIO Section Governing Council serving as the current Chair of the WIO Section. She has served in the past as the WIO Member-At-Large and Historian. She has an interest in patient safety and quality improvement and leads many quality committees and initiatives

within her institution. Specifically, she has been instrumental in formulating protocols for airway safety and emergent airway processes. As an academic physician, she has contributed to changing the landscape of medicine as the past Co-Chair for the Ohio State University College of Medicine Admissions Committee and past Chief of Staff of University Hospitals within the Medical Center.



Speaker Bios



Sarah H. Taylor, APRN, MSN, FNP

Sarah is the Rhinology Nurse Practitioner for the Vanderbilt Department of Otolaryngology - Head and Neck Surgery. She started her nursing career as a Critical Care Nurse Resident at Vanderbilt in 2014. After 4 years at the bedside, she transitioned to the role of an Advanced Practice Provider in Rhinology. Beyond being a professional booger picker in clinic, she has shared her love of all things nose and sinuses in textbook material for Advanced Practice Providers and in pharmaceutical research to improve treatment options for patients with chronic sinusitis and nasal polyps. Outside of work, her greatest joy and accomplishment is being a wife and mother. She loves time spent outdoors or traveling with her husband and two sweet, little girls.



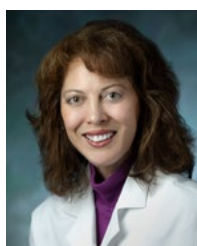
Erica Thomas, PharmD, BCPS

Erica Thomas is an inpatient cardiology clinical pharmacist at Vanderbilt University Medical Center. She received her Doctorate of Pharmacy degree from the University of Florida College of Pharmacy in 2013 and completed a PGY1 Pharmacy Residency at the Central Arkansas Veterans Healthcare System in Little Rock, Arkansas. Her clinical interests include anticoagulation management and pharmacogenomics.



William S. Tierney, MD, MS, MS

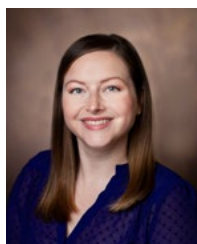
Dr. Tierney is a Laryngologist at the Cleveland Clinic. A Northern California native he moved to Cleveland Ohio to complete a graduate degree in Applied Human Anatomy at Case Western Reserve University. After teaching Anatomy at the Medical and Nursing schools in Cleveland he completed a combined MD/MS in Clinical Research Science at the Cleveland Clinic Lerner College of Medicine, a residency in Otolaryngology - Head and Neck Surgery at the Cleveland Clinic, and a clinical fellowship in Laryngology and Care of the Professional Voice at Vanderbilt University Medical Center in Nashville, Tennessee. He specializes in upper airway reconstructive surgery and voice. In addition to a busy clinical practice he serves as an Assistant Professor at the Lerner College of Medicine and mentors trainees at all levels in clinical research. His personal academic interests are airway injury and reconstruction, tracheostomy quality improvement, and medical education. Outside of healthcare he devotes his time to raising two tenacious boys Ansel (4) and Barrette (1) with his wife Erika Lundgrin MD, MS.



Karen Ulmer, MSN, RN, CORLN

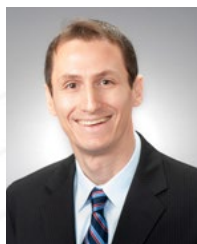
Karen is the Otolaryngology Nurse Specialist at the Milton J Dance, Jr Head & Neck Center @ GBMC. She works with H&N cancer patients throughout the continuum of care: pre-treatment- active treatment- survivorship. She facilitates a monthly Head & Neck Cancer Patient and Family Support Group.

Karen is a long-time SOHN member. She has maintained CORLN certification since 1993. She has served SOHN in a variety of roles at both the local (Maryland/DC Chapter) and national level. She currently serves as SOHN's Accredited Provider Program Director and chair of the National Education Committee. She has presented locally and nationally on a variety of H&N topics.



Emily Wishik, MS, CCC-SLP

Emily is a speech pathologist by trade and a singer at heart. Inspired by her own journey from vocal injury to vocal health, she followed a path of study in communication disorders at the University of Mississippi and graduate school at Auburn University. After working in a private practice in the Washington, DC area, she joined the speech pathology team at Vanderbilt Voice Center in 2018. In her time at VUMC, Emily has continued working passionately with vocal professionals and also offers clinical expertise in gender affirming voice care.



Dan P. Zandberg, MD

Dr. Dan P Zandberg MD is an Associate Professor of Medicine, Director of the Head and Neck and Thyroid Cancer Disease Sections, Director of Clinical Affairs for the division of hematology/oncology, and medical oncology co-leader for the UPMC Hillman Head and Neck Cancer Program. His research is focused primarily in recurrent/metastatic HNSCC and cutaneous SCC and spans both clinical and translational investigation. His main focus has been on immunotherapy, and he has significant experience in the development, leadership, and conduct of clinical trials including investigator initiated, NCTN, and pharmaceutical sponsored trials. Notable recent awards include the Alliance Scholar Award from the Alliance for Clinical trials in Oncology Foundation and the NCI Cancer Clinical Investigator Team Leadership Award.

